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September-October 2017

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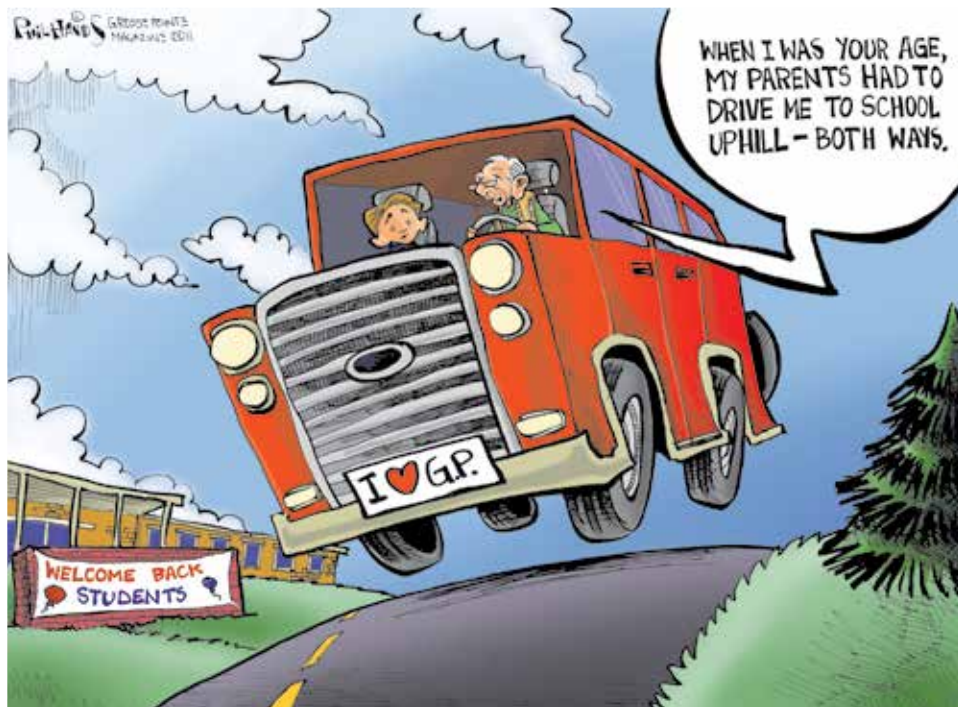
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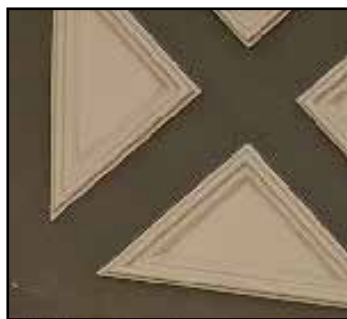


On the cover

Apropos to this being our “Back to School” issue, noted Grosse Pointe Shores artist Dominic Pangborn painted this beautiful rendition of The Grosse Pointe Academy. Dominic says the bowl of apples signifies education as well as fall harvest. Reprints of Dominic’s cover art are available for purchase by contacting publisher@grossepointemagazine.com.



Where in the Pointes?



Where in the Pointes is this object? On Monday, Sept. 18, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win tickets to the Michigan Renaissance Festival! Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: Red Crown restaurant in Grosse Pointe Park.)

To find us on Facebook, search “Grosse Pointe Magazine”

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John Minnis
Publisher

POINTE MAGAZINE

Guess who's back at the G.P. News?

Suppose you don't have to guess. The story first broke on *Crain's Detroit Business*, then *The Detroit News* and the *Detroit Legal News* and, finally, the *Grosse Pointe News*. Yes, it is true. I am back at the *Grosse Pointe News*. Terry and I purchased the newspaper on Friday, Aug. 18, from Bob Liggett of Grosse Pointe Shores. It was an amicable transaction, and Mr. Liggett will continue to be involved in the *Grosse Pointe News* as an investor.

I'm sure everyone knows my story by now. I left the paper in October 2007, some 5 1/2 months after Mr. Liggett bought the newspaper following Robert "Butch" Edgar's death. Sure, I had hoped to stay on with the *Grosse Pointe News*, but Mr. Liggett had other ideas, and, well, the rest is history.

However, Mr. Liggett is as thrilled as we are to have us, Terry and me, in charge of the newspaper.

But don't worry, *Grosse Pointe Magazine* isn't going anywhere. In fact, we have great news. Lauren McGregor, who has been our Assistant Editor for seven years since the magazine started, has been promoted to Editor. She has really taken over the job already, so we have the editorial management of the magazine in good hands.

“While, because of the acquisition and move, we have shortened our vacation, we don't want to miss it altogether. Truth is we're tired and need some rest and relaxation — and golf!”

We will continue to publish the magazine six times a year. It is hoped that with the additional resources of the *Grosse Pointe News*, we will continue to grow the magazine and launch other premium publications.

Oh, more good news. We — the *Grosse Pointe News* and *Pointe Magazine* staffs — will be moving to The Village — this month! As you read this, we and the staff are feverishly working to get moved into the McCourt Building at 16980 Kercheval at Notre Dame. Dan Lemanski, owner of the Village Grille, will be our landlord, and he, too, is working hard to get the upper-level space ready for us, and also to get his fabulous new salad completed. How tough is that having a restaurant right below? You have to know there will be many *Grosse Pointe News* and *Magazine* business lunches at the Village Grille — and City Kitchen, of course!

Another reason we are in a hurry to get the move to The Village done is because Terry and I have our annual September vacation at our Marriott timeshare planned — and paid for! While, because of the acquisition and move, we have shortened our vacation, we don't want to miss it altogether. Truth is we're tired and need some rest and relaxation — and golf! (Where are my golf clubs, anyway?)

Because of the vacation, we are holding off on the *Grosse Pointe Chamber of Commerce* ribbon cutting until after we get back. Can't wait!

We hope you enjoy this “Back to School” issue of *Grosse Pointe Magazine*. As always, be sure to patronize our many loyal advertisers and businesses that make *Pointe Magazine* — and the *Grosse Pointe News* — possible in our wonderful community.

See you around the Pointe! ☐



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Meet Ernie



Name: **Ernest Shifan** Birthdate: **September 13, 2016**
Parents: **James & Cindy** Siblings: **Elle, 3** City: **Grosse Pointe Park**

Favorite activity: **Anything that rattles and taking his alligator walker for a stroll down the sidewalk**

First words: **“Dada,” “Momma,” “Again” and “Gee” (...not sure what that means yet)**

Cute habit: **Always smiling at people and likes to let out a loud squeal when he’s really excited!**

About Ernie *in Mommy and Daddy’s words*

Ernie is our handsome little guy who is full of love, laughter, smiles and big hugs. He loves to play and wrestle with his big sister, Elle, and can almost always get a whole handful of his dog Mr. Madison’s hair. He is definitely a morning guy, and can be heard chatting to himself when he wakes up. His days are usually filled with

at least one walk to The Village and park, flirting with every gal he sees along the way. If Ernie does get upset, things are quickly made better by a few rounds of “Row, Row, Row Your Boat” or “On Top Of Spaghetti.”

Meet Penelope

Name: **Penelope Routsis** Age: **7 ½** Siblings: **Christos, 10**
Parents: **Rania & Evans** City: **Grosse Pointe Woods**
Interests: **Swimming, gymnastics, ballet**

Favorites

Food: **Pasta** Vacation: **Greece** Game: **LEGO Movie video game**

Outdoor Activity: **Bicycle riding** School Subject: **Writing** Family Activity: **Snuggle**

Book: ***Magic Tree House series***

What do you want to be when you grow up?
I want to be an orthopedic surgeon.

Who do you look up to and why?
My daddy, because he helped me learn how to ride a two wheeler.

What is your favorite thing about going to school?
I get to learn fun things and be with my friends!



About Penelope

My name is Penelope and I am going into second grade at Ferry Elementary. I like to spend time with my friends having fun at the pool and I was on the swim team this summer! I love to draw and write fun stories that make people laugh!

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November 15, 7 p.m. Montessori Night for Prospective Families



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Meet Lizzy

Photo by Kristin Mann



Name	Lizzy Stapleton
Age	14
City	Grosse Pointe Farms
School	Grosse Pointe South
Parents	Wayne and Susan Stapleton

Lizzy's Favorites

- Music Artist**
Imagine Dragons
- Website**
Pinterest
- TV Show**
World of Dance
- School Subject**
English
- Movie**
Lady and the Tramp
- Actor/Actress**
Tom Hanks and Jennifer Aniston
- Vacation**
Randeau Park in Canada
- Food**
Lasagna
- Book**
Fish in a Tree
- Teacher**
Mrs. Duffield
- Extracurricular Activity**
Dance

About Lizzy

"I'm going to be a freshman at Grosse Pointe South this fall. I'm bursting with excitement that I get to do my first competitive solo choreographed by one of my favorite teachers. One of my other passions is drawing, which I do every chance I get.

But most of all, I'm grateful to my family that allows me to explore all my passions. I appreciate their love and support."

Lizzy's other interests include writing and photography and she has one brother, Joe, 11.

What song have you downloaded that would surprise people?

"Puff the Magic Dragon"

What unique skill do you possess and what skill would you like to learn?

I'm really good with animals and kids and I would like to learn how to do a leg hold pirouette/kick spin.

If you could have three wishes granted what would they be?

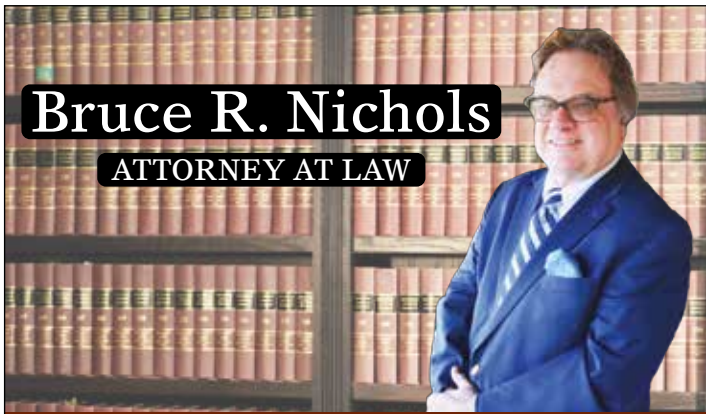
For people to be more compassionate to themselves and others
To become a professional dancer and perform all over the world
For everyone to know of their value

Where do you see yourself in five years?

Attending a good university, dancing and traveling

What did you want to be as a child and what do you want to be now?

I wanted to be a soccer player when I was in kindergarten and now I want to become a professional dancer and model.



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Photo by The Book LLC

Emma Wujek reaches new heights in national competitions

By Susan Bollinger

At age 16, Grosse Pointe Farms resident Emma Wujek travels 40 weeks of the year riding horses, jumping heights up to four and a half feet

and competing in invitation-only competitions that draw the best young riders in the United States. She does it all while maintaining a high grade point average at University Liggett and playing on the lacrosse team.

"I started riding horses at the Grosse Pointe Hunt Club when I was eight," says Wujek. She then transitioned to Fox Meadow Farms in Temperance, Mich., before making a life-changing decision to train in Lexington, Ky., and Wellington, Fla., with Tim and Kelly Goguen of Boggs Hill Farm.

"I realized this wasn't just a hobby, it's something I really wanted to do," she says. "In the winter, I leave school on Thursday, compete Friday, Saturday and Sunday in Florida, then fly back home Sunday night. I devote all my time on spring break to riding."

Summers are spent training and competing in Kentucky and Traverse City at Horse Shows by the Bay. Wujek often stays with her trainers when away from home.

For the last six years, Wujek has qualified for, won and placed in national, invitation-only shows.

"It was incredible to be able to do that," she says. "I was

champion in my division with my horse Puppet at the Capital Challenge Horse Show in Maryland last fall."

She also competed on a four-member team at the North American Junior Young Rider championship in 2015, winning a silver medal.

This year, Wujek hopes to place in one of only three top-level equitation medal finals competitions. With up to 300 riders competing at each event, placing in the top 10, she says, would be "great;" to win one would be "incredible."

She's had several equine partners over the years. "Ugaf was the most amazing horse I've ever owned. He allowed me to jump the bigger jumps and brought me to a new level in my riding."

Her current mount, Puppet, is owned by John and Stephanie Ingram of Nashville, Tenn. Two other important partners, Ransom and Splendid, are owned by Adena Testa at Belhaven Stables in Hobe Sound, Fla. Wujek is also helping train a young horse named Mark.

"I've had amazing opportunities on incredible horses," she says.


Above all, Wujek rides horses because she loves animals. "You can tell when you have a connection with a horse. You just know, and I love that." 



Photo by Shawn McMillen Photography



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The Athletic Booster Club of Grosse Pointe South will hold its 15th Annual Run the Pointe on Saturday, September 23.

The walk/run will take place throughout the beautiful streets of Grosse Pointe Farms. All proceeds will fund Grosse Pointe South student athletes' uniforms, equipment, training and scholarships.


"Run the Pointe has been a growing success every year. It is awesome to see the participation and support that South athletics receives from our community," says chair Bob Costello.

Grosse Pointe South athletes, families, the administration staff and the community participate in the event and volunteer by helping at the water stations and as street

marshalls to make sure runners and walkers are safe.

Race options include a 10K run, 5K run and a 2-mile walk. The entry fee is \$20 per student and \$25 per adult if registered online at gpsathleticboosters.com by Sept. 20 or by mail by Sept. 17. Race day entry fees are an additional \$5. Entry fees include an athletic t-shirt and may be directed toward funding any sport of your choosing.

Costello says, "It's a great way to start off a beautiful fall day. We have an event for everybody so we hope to see you September 23!"

The race will begin at Grosse Pointe South High School Stadium. The 10K begins at 9 a.m., the 5K at 9:05 a.m. and the 2-mile walk at 9:10 a.m. An awards and raffle presentation will take place at 10:15 a.m. 

Photos by Kristin Mallegg



In good shape?

By Ken Welch

What does it mean to be “in shape?” Fact is being in good shape can mean many things. It depends on the individual and what they’re working towards. We consider football players to be in good shape, but good enough to run a marathon? A marathoner may be able to run long distances but doesn’t have the power and strength of a football player.



I think a good measure is, “how fast do you recover?”

Certainly, part one of being in shape has to do with achieving and maintaining decent strength, cardio endurance, flexibility and overall health. Part two has to do with being prepared for goals and whatever physical demands you’re going to encounter at any point during the course of life.

In general, being in good shape means you can function at a decent level in any particular activity for any length of time while experiencing physical stress without feeling exhausted or excessively fatigued. The ability of your heart to recover from that activity is an indicator of the shape you’re in.

Try this exercise from the National Academy of Sports Medicine.

Before your workout, subtract your age from 220. This is your estimated maximum heart rate.

During your next workout bring your heart rate up to 80 percent of your maximum, and then stop. Take your pulse for one minute and see how much your heart rate dropped.

You should feel at least 50 percent recovered inside of about a minute and a half. If your heart rate doesn’t drop a significant amount, you need to train harder.

Being “in shape” gives you options in work and play and defeats the limitations of being weak and really, who would choose being weak?

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: pointefitness.com.

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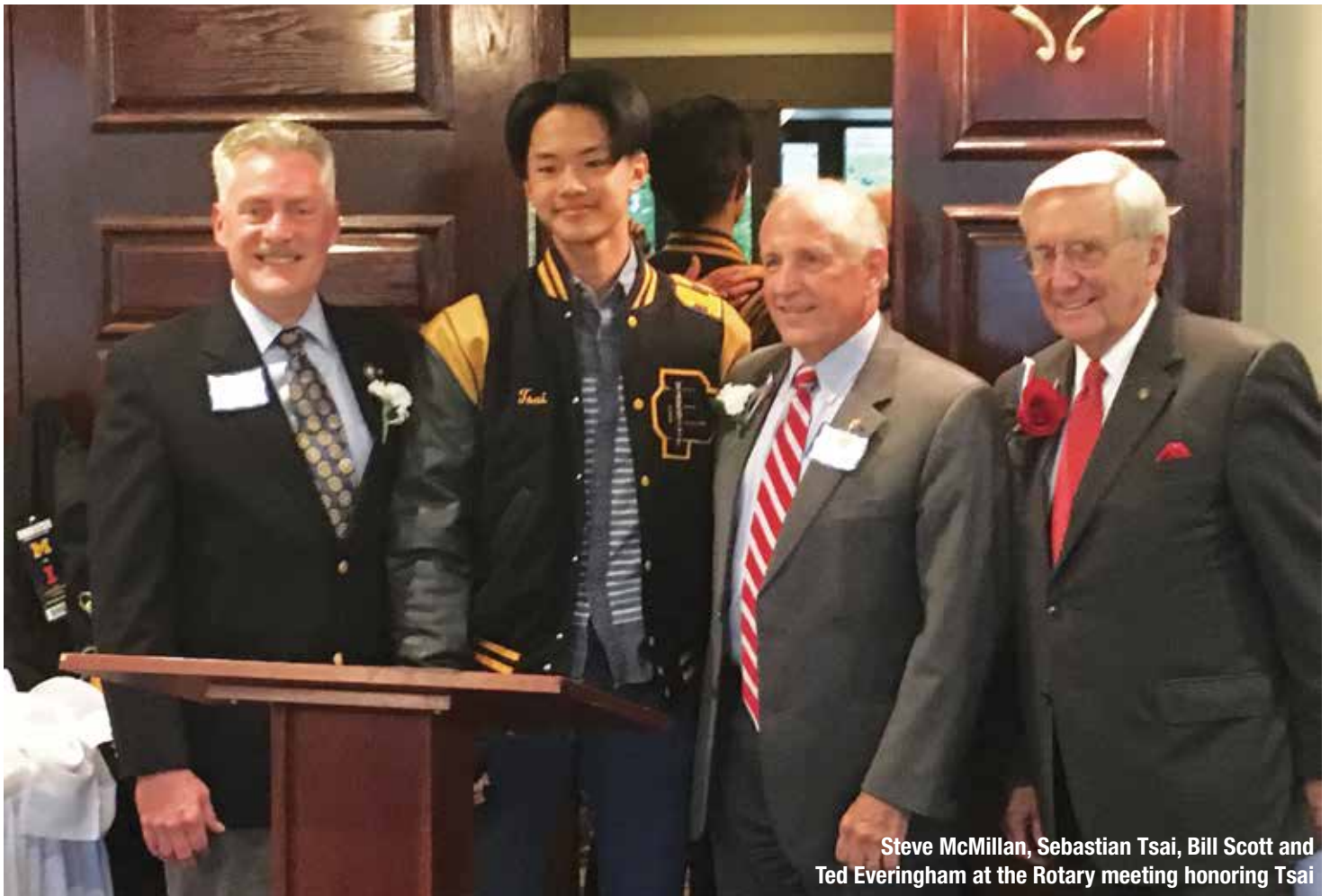
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Steve McMillan, Sebastian Tsai, Bill Scott and Ted Everingham at the Rotary meeting honoring Tsai

ROTARY EXCHANGE STUDENT LETTERS AT SOUTH

By Beth Newhart

Sebastian Tsai decided to become an exchange student to explore the world and experience a different culture. He spent this past year in Grosse Pointe, learning what it means to be a typical teenager in an American suburb, and he left with an addition to his wardrobe which no other Rotary exchange student has taken home — a Grosse Pointe South varsity jacket.

Tsai earned a varsity letter — a first for an exchange student at South — in track, running the 400m and 800m. He was not a runner in his home country of Taiwan, but he saw an opportunity and seized it.

“It is easy to join track here,” he says. “I like that everyone can run in the track meet.”

His host mother, Michelle Roberts, says she and her husband Paul Bukta urged Sebastian to join the team to meet people and make more friends. He had a few injuries in the beginning but overcame them. The Grosse Pointe Park family, including daughters Belle, 8, and Ruby, 3, were his biggest fans.

Approached by Rotary Club of Grosse Pointe, of which

Roberts is a member, the couple readily agreed for two reasons. First, the two girls would have a chance to have a brother and second?

“Our older daughter Belle was really interested in learning more about Taiwanese culture and how it is related to other cultures,” Roberts says.

“It was a little tough at first,” she says, “because we didn’t have experience raising teens. But over time it got easier as we began to understand each other.”

Tsai had a language barrier to overcome, but he enjoyed his time at South and made many friends. His closest friend was also an exchange student from Slovakia, and they joined the track team together.

At his last Rotary meeting, the club presented Tsai with the varsity jacket for his letter.


At the end of July, the hosts said goodbye to their son and brother. Roberts says it was a tough farewell because he was part of their family. Now they have “family” in Taiwan and have been invited to visit. 

Photo by George R. McMullen, Jr.

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John and Lori Stefek

Susan Kopf, Mary Fodell, Sue Banner



Dancing under — and with — the stars

By Beth Newhart

At Full Circle’s Glitz and Glam gala last October, Lori Stefek auctioned off a cake for more than \$1,200. One half Donald Trump and the other half Hillary Clinton, Stefek never did find out what happened to each side, but it was the start of another fabulous fundraiser for the Full Circle Foundation.

Stefek will return this year to serve not only as auctioneer but also as the event chair. She credits founder Mary Fodell for all of the past success in bringing the community together.

With a new name, Evening Under the Stars, and a bigger ballroom at the Roostertail, friends and families from Full Circle will gather Oct. 26 for an evening of food, fun and Dancing with the Stars.

“The Arthur Murray Studio of Sterling Heights is donating the time of five instructors who are paired with two local celebrities and three community members to compete,” says Full Circle administrative coordinator, Sue Banner. WDIV meteorologist Brandon Roux will be competing against Alex Bordyukov from ABC’s most recent season of “The Bachelorette;” dancers from the community will include Judy Weber, George McMullen and Banner.

Lieutenant Governor Brian Calley will also be a guest speaker during the festivities and may perform a song with


some of the Full Circle students.

In its third year, the foundation’s fundraiser will benefit the day-to-day programs at Full Circle, in particular its Summer Activity Program. A pilot program called TEAM 26 will also benefit from the evening.

“Our young adults age out at 26,” Banner explains. “But they still need guidance and support. TEAM 26 formalizes our program to allow them to continue with our micro-enterprises. Some even create their own.”

For Stefek, the evening is a labor of love. A professional auctioneer, she is used to getting people in a giving mood. The first year the gala was held, she raised \$17,000 for the Summer Scholarship just by asking people “Will you give ...” and raising the “ask” amount several times. Whether it is the cake auction, live auction [which will feature a weekend at Mackinac Island, jewelry from Ahee and a New York shopping spree] or the Summer Scholarship sponsor bid, Stefek is out front with a smile on her face.

“I love raising money,” she says, “and people raising hands.”

Tickets for the Oct. 26 event at the Roostertail are \$175 per person and may be purchased at the Full Circle store or at fullcirclefoundation.org. 



Photos by Christine M.J. Hathaway

Annual eye exam a must

By Dr. Monica Johnsonbaugh

From the very first time we open our eyes as infants to watching our grandchildren grow up, each beautiful moment in life is captured by the gift of sight. Regardless of the stage of life you are in, it is vital to care for your eyes in order to preserve and protect this precious gift.



During the school years, many children struggle with learning due to undiagnosed vision related issues. It is extremely important for a child to receive a comprehensive eye examination before beginning school and then annually in order to uncover those needs and address them.

Over the years our eyes begin to change. The lens inside of the eye can begin to form a cataract; the pressure inside of the eye may increase and cause glaucoma; bleeding of the retina may appear due to uncontrolled blood sugar levels. Many vision-threatening diseases have little to no symptoms at all and can go years without being diagnosed or treated if eye examinations are not an annual priority.

The earlier an eye disease or vision related problem is detected, the less likely one will lose vision or struggle in school. The absolute best measure you can take to preserve and protect the precious gift of sight is to have an annual comprehensive eye examination. I would be honored to make sure that you and your family members are seeing the world with clarity that will last a lifetime.

Dr. Monica Johnsonbaugh is the optometrist and owner at Focus 313 Eyecare in the Village. To schedule an eye examination, visit www.focus313.com or call (313) 473-9339. Medical and vision insurance plans accepted.

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North/South

Varsity Football Game Tailgate by the Grosse Pointe Chamber of Commerce

The Grosse Pointe Chamber of Commerce is excited to host the 8th Annual Grosse Pointe North/South Tailgate on the Grosse Pointe South High School lawn, Friday, Sept. 22 from 5 p.m. to 7 p.m.

All are invited to join in the celebration of community spirit while enjoying delicious food prepared by Grosse Pointe restaurants, entertainment, games and camaraderie.

“The Tailgate is a community effort of students, parents, school administration, volunteers, local businesses, organizations and fans coming together to support their favorite football team and show their spirit as OneGP!” says Jennifer Boettcher, president of the Grosse Pointe Chamber of Commerce.

This fun event is free to attend and open to the public. Food and beverage tickets are available for purchase at the Tailgate, which will be held rain or shine!

For additional information, call the Chamber at (313) 881-4722 or visit www.grossepointechamber.com. ☎



Photos courtesy of Grosse Pointe Chamber of Commerce



ANNUAL U.S. FLAG RETIREMENT CEREMONY AT PIER PARK

Thanks to local patriotic service organizations and Farms officials, it has become a fall tradition to host a flag retirement ceremony. For the sixth consecutive year, the John Paul Jones Society, Children of the American Revolution (CAR); the Louisa St. Clair Chapter, NSDAR; and the Grosse Pointe Boy Scout Troop #96 will host their annual U.S. flag retirement ceremony at Farms’ Pier Park. This year’s ceremony is Saturday, Oct. 7 at 10 a.m.

If you have a worn U.S. flag and are unsure about how to respectfully dispose of it, bring it to the Farms Municipal Office, 90 Kerby Road (during business hours) or Pier Park (gate house) during the month of September and place it in the available collection bins.

A popular way to retire a worn American Flag is in a ceremony conducted with dignity and respect and the flag burned completely to ashes. At the Farms flag retirement ceremony, the Boy Scouts dress in uniform and provide a color guard.

“It is a very patriotic and inspirational event,” says Evan Theros, 16 years old and president of the JPJ Society. Theros has participated every year.

Members of the John Paul Jones Society lead the ceremony in saying the “Pledge of Allegiance” and “The American’s Creed.” The Boy Scouts explain the symbolism of the flag, when to fly the flag and other important flag facts. Troop members then take turns placing the worn flags in a fire pit.

Following the ceremony, the John Paul Jones Society hosts a cider and donut reception for all guests, says vice president JPJ Society, Fiona Flynn, 14 years old.

In recent years, there have been so many worn flags, there has not been enough time to burn all the flags during the ceremony. The remainder of the flags are burned at Troop #96’s annual camping trip in late October.

To inquire about the flag retirement ceremony, contact Evan Theros at therospr@gmail.com or call the City of Grosse Pointe Farms at (313) 885-6600. ☎



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On air with Icelandic consul

By Joyce Wiswell

Looking to add to your bucket list? A visit to Iceland is a must, says lifelong Grosse Pointer Ed Christian, who has traveled there more than a dozen times.

“It is absolutely a spectacular experience,” he says. “The stark beauty is just overwhelming. You can lose your soul in some of the back areas; you have this feeling of awe and wonder and aloneness.”

Christian is not just making a casual travel recommendation. As Iceland’s honorary consul for Michigan, Ohio and Indiana, his duties include promoting tourism to his ancestral home. He also encourages commerce and helps Icelandic tourists with any problems they may encounter in the United States.

“Because of the pure genetic pool in Iceland I can trace my ancestry back to the first settler,” says Christian, whose grandparents immigrated to Canada in the 1880s. His father eventually settled in Metro Detroit.

Christian has been Iceland’s honorary consul for 25 years and his son, Eric, the current vice consul, will eventually take his spot. Says Christian, “We are keeping it in Grosse Pointe.”

Keeping it in the Pointes is a family tradition. Christian graduated from Grosse Pointe High School in 1962 and his wife, Judy (Dallaire), graduated Grosse Pointe High in 1963 — though they didn’t get together until they were students at Michigan State University.

Iceland offers a unique, austere landscape — the Vikings used up all the trees for shelter, heat and boats and the country was never reforested — and is home to only 332,000, but is expected to attract some 2.4 million visitors in 2018.

The country, just a four-hour flight from Boston, has one of the world’s highest literacy rates, the highest internet usage, has been ranked the world’s “third happiest” and has nicely recovered from the collapse of its banking system in 2008.

“It’s very friendly and welcoming,” Christian says. “There’s a tremendous arts environment, quaint stores, a lot of history, spectacular restaurants, music and festivals. We have volcanoes, running glaciers, great lakes and waterfalls and in the winter, the northern lights.”



The Christian family at Eiríksstaðir, the former homestead of Eiríkr Þorvaldsson, known as Erik the Red, in Haukadalur in the Dalasýsla region of Iceland. It was the birthplace of his son Leifr Eiríksson.



The Icelandic Consul shares its Kercheval office with the headquarters of Saga Communications, which Christian founded in 1986 and made public in 1992. The company owns or operates more than 100 radio stations and a handful of TV stations around the United States and places top emphasis on being local in all ways, from group names to bank accounts.

As Saga’s chairman, president and chief executive officer, Christian is as bullish on radio today as he was when he first touched a control board at age 15.

“Radio reaches 93 percent of the population in the U.S. each week. We really stress what is important to the community, the localism,” he says. “Our stations are really more hand-crafted than assembly line-produced.”

Christian combined his two passions about a dozen years ago when he purchased several radio stations in Iceland. But he quickly realized the work cultures were worlds apart and sold them after a few years.

“It was like being a boat owner — the happiest day is when you buy it and the second happiest day is when you sell it,” he says with a laugh.

Christian also serves as chair of the Radio Music License Committee, a non-profit that negotiates music royalties on behalf of the country’s 12,000 commercial radio stations.

Christian has won the Distinguished Alumni Award from Wayne State University, the National Radio Award from the National Association of Broadcasters and a Lifetime Achievement Award from the Michigan Association of Broadcasters, among many others. Until recently he was an adjunct professor at Central Michigan University’s School of Communications Arts.

At 73, Christian has no plans to slow down. “You have to know when to take your final curtain call but this is the only job I have ever had and I am so lucky and blessed to be doing what I love,” he says. “It’s a passion and a commitment.”

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LIFE DIRECTIONS

Guiding Detroit Youth

By Michael Cowan

When Judge Thomas Hathaway was a local upcoming attorney in the 1970s, he saw a city in Detroit that was gripped with violence and social upheaval. The 1967 riots were still fresh in everyone’s minds, and according to Hathaway, the city was spending millions on social programs that weren’t working. Searching for a way to make a difference in the lives of Detroit youth, Hathaway took a suggestion from his father, who told him, “Father John seems to be doing something that works.”

That “Father John” was Father John Phelps, the founder of Life Directions, an organization dedicated to motivating at-risk young people, ages 13 to 35, in metropolitan Detroit. Hathaway has served on the board of Life Directions since the early 1980s.

Hathaway and Phelps told Life Directions’ story recently to a group of Rotarians.

“What Life Directions does, works,” says Hathaway. “There’s gold out there in Detroit, and we have to mine it. That’s what Life Directions does. I’m here to tell you that we literally save lives.”

“In life, you can’t leave people behind,” says Phelps. He



Father John Phelps

started Life Directions with this philosophy in mind. “We catch the kids in public school. We have teachers who refer the students. We have influenced 168,000 kids in 44 years.”

The key in the Life Directions experience, according to Phelps, is encouraging positive peer relationships. “Young adults seek peers as they mature into adults,” says the organization’s informational materials. “Life Directions promotes the powerful dynamic of ‘peers inspiring peers through forgiveness’ in our neighborhoods, high schools and middle schools.”

Of course, in the group’s “Ladder of Development,” adults will mentor and influence the peer mentors, who will have, they hope, a positive influence on, say, a middle schooler. And this “Ladder” will help these young people mature into “responsible, productive, adults (by developing) self-direction.”

Results of the program over the years have been overwhelmingly positive. Researchers at Loyola University, University of Michigan and Chicago Public Schools concluded, according to the group’s informational literature, that “participants grow in responsibility, compassion and values.”

Rotarians viewed video testimonials. In one, a young lady declared that the program taught her “that I don’t have to let my anger destroy me.”

Phelps, a Catholic priest, points out that Life Directions is a not-for-profit corporation that is not affiliated with the Catholic Church.

“What we bring is hope,” he says. ☪



Photos by John Minnis



John Connor, Judge Thomas Hathaway, Father John Phelps and Grosse Pointe Rotary President John Maliszewski

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RIGHT @ Home

Can winter be far away?

By Virginia Ficarra



The best part of cooler weather is the coziness that accompanies chilly nights: fluffy blankets, hot drinks and family and friends gathered around a crackling fireplace.

Although the space waits silently through the warm season, the fireplace will soon come to life. Now is the time to have all its working parts checked out, from the chimney on down to the fire box, mantle and hearth.

The bungalow, left, was built in 1943. Today it takes on a fresh persona with a sleek contemporary living room fireplace, instead of the original red brick wall design. Covered with dry wall and painted a cream color in contrast to the adjoining grey walls, it highlights the stylized wood stepped design. The fireplace has a black tiled surround and hearth that matches the room's colors and modern theme.

The most frequently asked seasonal question is "how do I revive a floor to ceiling brick fireplace wall?" Most traditional and contemporary homes are still built with fireplaces featuring a variety of materials and designs. Several options are viable, depending upon taste and budget. Then a design is created that maintains the integrity of the style.

Remodeling Options for Your Fireplace


1. Camouflage a brick wall with paint. Simply match it to the existing wall color.
2. Staining brick gives it a softer, textured look. Get details from your paint shop.
3. Drywall or use wood paneling to conceal the brick, or completely remove it.
4. Add a large tapestry above the brick fireplace for an English mood.
5. If you prefer a picture or mirror, a wood frame works well on brick.

This example, above, is a



Photos by Virginia Ficarra, with thanks to clients

floor to ceiling brick wall that was designed with adhered panels of large tiles. The contrast of the color and smooth finish complements the texture of the brick. To balance the remaining space on the brick wall, I recommended a textured natural element such as a 38-inch tall, interesting piece of driftwood or a two-dimensional wood carving to match the theme of the room.

This fireplace wall design, right, worked around a large television screen. We transformed a traditional home into a contemporary style. The traditional paneled fireplace was replaced with natural cedar panels from floor to ceiling. The fire box balances the space with a black granite surround that highlights the exquisite grain by alternating the direction of the cherry wood squares. 

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A PLACE OF REMEMBRANCE

By Beth Newhart

After the parades and prayer vigils of Veterans Day have ended, there is a place where one can go to honor those who have served our country.

Behind The War Memorial is the hillside Veterans Garden, open to the public year-round and free-of-charge. With sweeping views of Lake St. Clair, the garden provides visitors a quiet place to honor members of the armed services.

Members of Grosse Pointe Garden Center's Veterans Garden committee have maintained the plot since its creation in 2009. According to committee coordinator Alaine Bush, most of the volunteers have generations of family members who served in the military. She estimates that the group has spent nearly 800 hours performing all sorts of gardening chores from removing unwanted plantings to installing new ones.

"We are excited to see how far we have come and to see the transformation from what it was when we started the project," says Bush.

The committee members' hard work and passion was recognized when the garden received The Michigan Plaque from Keep Michigan Beautiful, Inc. in 2015.

The volunteers were inspired by the work of Gertrude Jekyll, an influential 19th century horticulturalist and landscape designer, who liked to play with the juxtaposition of hot and cool colors and different textures



in the garden.


"There are swaths of color throughout the Veterans Garden," says Bush. "You will see swaths of pink purple colors melting into blue purple colors that melt into yellow purple color."

While the garden is a solemn place of reflection, its informal cottage design makes it a peaceful and serene spot for reflection.

"It is a beautiful place to remember the sacrifices our veterans made for our country," Bush says.

In 2012, the committee created the Veterans Path consisting of commemorative pavers that individuals may purchase to honor a service member with an engraved message etched into the brick.

All sale proceeds fund resources used to create and maintain the garden. Past expenditures include an upgrade to the sprinkler system, the installation of two paver paths, bench seating and new plantings.

Information on purchasing personalized brick pavers can be found online at www.gardencenter.org and by calling the Garden Center office at (313) 499-0743. 



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EDSEL & ELEANOR FORD HOUSE EXPANDS

By Anne Erickson

The Edsel & Eleanor Ford House is gearing up for its first major alteration to the estate in 25 years.

The plans, which also mark the largest new construction since the home was built, encompass adding two new buildings and an eco-friendly parking system to the estate. Those buildings include a Visitor Center and Administration Building.

Kathleen Mullins, president and CEO of Edsel & Eleanor Ford House, says there are two major reasons the board of directors embarked on the project: stewardship of the historic structures and enriching the experience for the visitor.

“The new buildings enable us to move the heavy operational activity out of the historic buildings and into structures designed for such uses,” she says. “It allows us, then, to bring areas in the historic building that we are currently using for operational functions into the experience for our visitors.

“In the new building, we will also be able to provide our visitors with a wonderful introduction to the Ford Family and the estate with a new orientation gallery and theatre,” she adds. “We will also have dedicated spaces for school groups and other programming as well as a dedicated exhibit space for rotating exhibits. We’ll also have a fabulous event space with a view of the water.”

These changes will help restore the historic buildings to more closely reflect how they were enjoyed by the Fords.

“Taking the operations, office use in areas that were the staff quarters out of the house will allow us to return them to look as they did when they were staff areas,” Mullins says.

The new additions have an environmental focus.


“The buildings and the surrounding grounds and designed to be highly efficient,” Mullins says. “The Administration Building will be a net-plus building and the Visitor Center will be designed to LEED Gold or Platinum standards. The parking area is designed to capture and cleanse runoff before it goes into Lake St. Clair.”

Other highlights for the project include a welcoming lobby allowing guests an easy connection to Ford House activities, a dedicated education wing with two multi-functional classrooms and outdoor classroom space, an exhibition space specifically for traveling and changing exhibits and an expansion of the popular Cotswold Café, among others.



Construction will begin in the fall, and the buildings are expected to open in spring of 2019.

Best of all, the plan helps bring to life the vision that Edsel and Eleanor always had for their estate.

“They loved their estate, and when Eleanor left it for public use, it was her hope that people would continue to spend time here and enjoy the estate as her family had done for many years,” Mullins says. “Our goal is to embrace her vision and bring the estate to the public in many different ways. Our new facilities will enable us to live her vision more strongly and to be the best stewards we can be of her beloved home.” 

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Pear Trellis Rust

A recent discovery is trellis rust, a European fungus that attacks pear trees. Pear trellis rust is caused by the fungus *Gymnosporangium fuscum*. The fungus requires two alternate hosts to complete its life cycle. It overwinters on the twigs of juniper species and in early spring it infects newly developed leaves of pear tree species. The pear trellis rust fungus has been introduced to southern Ontario in recent years.

Hosts and Damage

All species of pear are susceptible to the disease. There is no resistance observed on any ornamental pear species or varieties.

In May and June during warm, humid and rainy weather, the fungal spores spread from juniper to pear by wind. At the early stages of the disease, the infected pear leaves show small orange spots.

In early summer, the spots enlarge and become bright orange and later red lesions. In late summer, the underside of these lesions begin to swell and form a number of blisters. Spores released from these blisters are carried by wind back to juniper.



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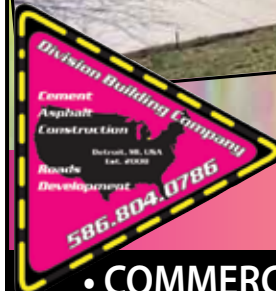
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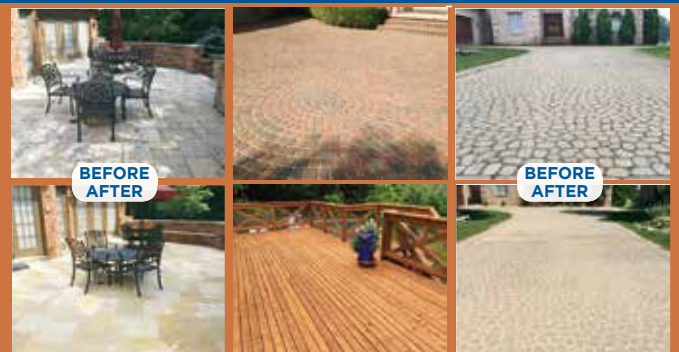
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Art & Antiques



Photo by RobinMPhotography

By Joyce Wiswell

There's a new star at this year's Art & Antiques show: the venue itself. For the first time in its 33-year history, the event will be held at The Grosse Pointe War Memorial Association on the grounds of the historic Alger Estate.

The venerable show, formerly known as Antiques Garden & Design, was supposed to have its swan song in June 2016, when long-time presenter Christ Church Grosse Pointe decided it was too difficult an undertaking to continue.

"People were saying, 'no, this can't be the last one! We love our dealers.' The dealers were saying, 'no, we love our people who come every year!'" says Betsy Creedon, who has been involved since the show's inception and is co-chairing with Beverly Curtiss-Walsh. "So we thought gosh, maybe we should see if Charles Burke (president and CEO of The War Memorial) would be interested."

Indeed he was, and with the blessings of Christ Church, the show will carry on in its new home on Nov. 3 to 5.

"Logistically, it's easier because we don't have to worry about renting tables, chairs, tablecloths, catering ... The War Memorial has all of that so it's wonderful," says Creedon. "The challenge is to keep the good feel of the show."

Joyce Russell, The War Memorial's director of institutional advancement, promises that won't be a problem. "We are thrilled to bring Art & Antiques to The War Memorial and are honored our institution will be the grand recipient of this event's proceeds," she says.

This year's show will attract the same number of dealers, about 24 to 30, about half of whom have been participating for years and have become such a part of the Pointes

community that many are put up as house guests.

"It's a very eclectic show, with beautiful pieces of period furniture, vintage posters, rare books, linens, gorgeous jewelry, Audubon prints, outdoor pieces for the garden ... there is something for everybody," Creedon says. "This is a real antiques show, not a craft show or a flea market."

The festivities include two lectures (topics to be announced), a Nov. 2 strolling supper preview party (\$190), and Antiques & ARTfest (\$65) on Saturday, Nov. 4.

"It's going to be a great fall evening — a backyard bash with fire pits, heaters, caramel apples, s'mores, a mac and cheese bar, beer and wine, and a band, all overlooking Lake St. Clair," says Russell.

Funds will benefit the restoration and preservation of the Alger Estate, which includes a stunning Italian-Renaissance-style home built in 1910 and lovely grounds that Russell says will be in full fall splendor. Organizers hope for at least 1,000 attendees who are welcome to wander through the mansion's public spaces while perusing the wares.

Thayer and Gioconda McMillian, who live next door, are honorary co-chairs. Val Moran is chairing the preview party and Kelly Walsh and Alicia Nicholson head up Antiques & ARTfest.

"I feel honored to be working with a group like this," says Russell. "It has been a great joy for me as a staff member."

Show hours are 9 a.m. to 5 p.m. Nov. 3 to 5. Admission is \$15 and includes the lectures. The War Memorial is located at 32 Lake Shore Drive in Grosse Pointe Farms. Call (313) 332-4075 for more information. [P](#)

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ON TRACK FOR OVER 25 YEARS

By John McTaggart

Since he was 10 years old, Grosse Pointe Woods resident Bob Greening has loved model railroading.

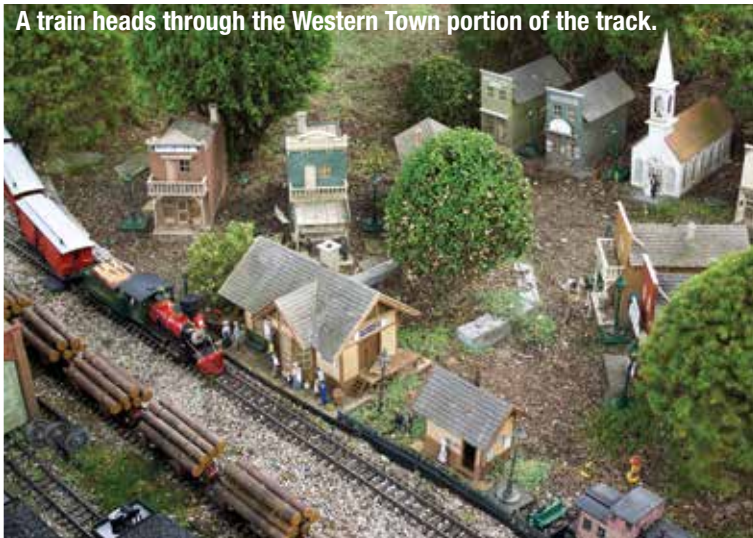
“It’s always been something that I just really enjoyed,” Greening says. “And when my son, Steven, showed an interest in it, that made it even better. There’s just something that I truly love about it.”

That love is evident the moment you walk into Greening’s backyard. On display is a model railroad layout that is both a labor of love and a true marvel to behold. Hundreds of feet of track, a pair of ponds, a stream complete with waterfalls run by a pump, bridges, live foliage, Western and European towns and villages recreated in miniature, a Ferris wheel and carousel, both of which are part of a small county fair, are just a fraction of the amazing miniature world created in Greening’s backyard.

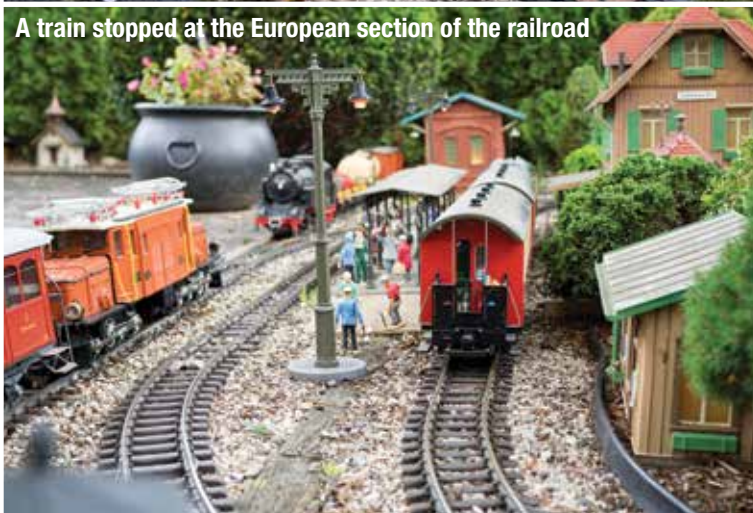
“We got started with this around 1990,” he says. “We had tracks running in the living room, and finally my wife said ‘enough is enough. I can’t clean my living room with all this stuff in here.’ So then Steven and I decided to take it outside.”

Now, more than 25 years later, and after countless hours of construction, maintenance and design, the landscape

A train heads through the Western Town portion of the track.



A train stopped at the European section of the railroad





Right, Steven Greening, Bob Greening, Mary Greening and Steven Chauvin are all part of the group that brought the layout to life, as well as the team that keeps the display on track.

Photos by John McTaggart



continue to be a source of enjoyment not only for the Greening family and friends, but also for civic groups who host meetings beside the display, as well as model railroad enthusiasts who come from all over the area and beyond.

The railroad can run day and night, all year long, Greening says, with the vast majority of the structures being powered, meaning the display and the wonderfully detailed structures that comprise it light up once the sun sets.

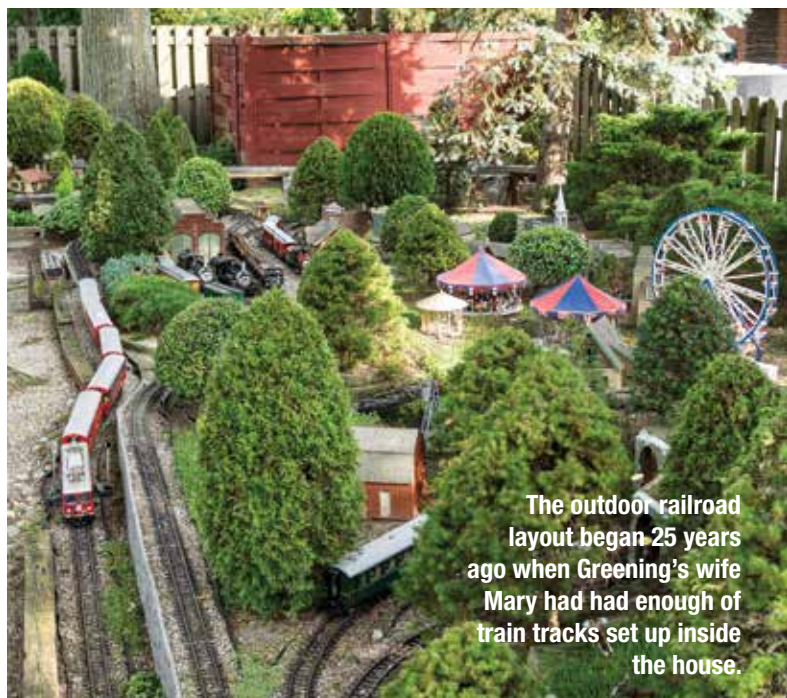
“There is power running to just about everything,” Greening explains. “The Ferris wheel, for example, has about 1,400 computer controlled lights. The buildings also come to life at night.”

Music is also piped into the various sections, adding to the authenticity and wonder of the design. And it’s a wonder that Greening knows the story behind every facet. Nearly every piece, every component, has some meaning. From the log cabin that is a replica of one the family stayed in on a summer vacation to the lake named after his wife, Mary, the layout is special to the entire family.

“I really enjoy this,” Greening says. “And I’m glad others enjoy it too.”



Deception Mine



The outdoor railroad layout began 25 years ago when Greening’s wife Mary had had enough of train tracks set up inside the house.

Food fundraiser borne from friendship

Good friends, good food and a good story come together for a good cause.



Doris Christopher



Julie Christopher

By Jane Nordberg

On Oct. 25, a Women’s Harvest Breakfast will be held at the Detroit Athletic Club at 7 a.m. The Grosse Pointe Yacht Club will host a Women’s Harvest Dinner at 6 p.m. that same day. The dual events, titled “Forgotten Harvest Farms to Hungry Tables: Feeding the Hungry in Southeastern Michigan,” feature Doris Christopher, Pampered Chef founder and chairman. Proceeds from both events will benefit Forgotten Harvest Farms, a 125-acre farm in Fenton that has provided more than two million pounds of fresh produce to children, families and seniors in Wayne, Oakland and Macomb counties.

The fundraiser is the brainchild of Julie Christopher, Doris’s daughter, and Nancy Gandelot, former classmates and sorority sisters at Indiana University. Nancy and her mother, Lisa Mower Gandelot, will co-chair the events with Marge Sorge.

“We are extremely honored to have this opportunity,” Lisa says. “Doris and her family are heavily involved in food banks and offered to do this fundraiser in Detroit.”

Pampered Chef, founded by Doris Christopher in her basement in 1980, serves millions of customers annually, providing professional-quality kitchen tools to consumers through in-home cooking demonstrations. The company has been in partnership with Feeding America since 1991 (www.feedingamerica.org). In 2016, Pampered Chef funded more than 7 million meals

for those struggling with hunger. Forgotten Harvest is a Feeding America network member.


Attendees at both events will have the opportunity to purchase Pampered Chef products. In addition, 30 percent of all Pampered Chef sales generated through the Forgotten Harvest website link from mid-September through Nov. 8 will benefit Forgotten Harvest Farms.

“Even if people cannot attend the event, they can purchase Pampered Chef products in support of Forgotten Harvest Farms,” Nancy says. “Together, we can impact the lives of thousands of hungry people in Southeastern Michigan.”

Nora Moroun, Forgotten Harvest Farms champion and volunteer, says proceeds from fundraisers such as these are essential to sustaining the charity’s ability to provide fresh vegetables to families in need.

“Fresh produce is among the most difficult foods to get to these at-risk families due to its perishable nature and higher cost,” she says. “We rely on, and sincerely appreciate, the philanthropic support of our community.”

Cost for the breakfast is \$125 per person, \$100 for attendees ages 35 and under; cost for the dinner is \$150 per person, \$125 for attendees ages

35 and under. Tickets will be available beginning Sept. 15 via forgottenharvest.org. For more information or for sponsorship opportunities, contact Lisa Mower Gandelot at (313) 333-6474 or lgandelot@gmail.com. 



Lisa Mower Gandelot and Nancy Gandelot



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Volatility

By Lina Bowman

Market volatility is a normal occurrence, but it can be tough to handle when your money is at stake. There may not be a foolproof way to handle the ups and downs of the stock market, but the following common-sense tips may help:



1. Don't put all your eggs in one basket and diversify your investment portfolio. Diversify not only in regards to different asset classes, such as stocks, bonds and alternatives, but also to different account types in order to tax-diversify your portfolio.

2. Focus on the forest, not the trees. As the market goes up and down, it's easy to become too focused on day-to-day returns. Instead, keep your eyes on your long-term investment goals and your overall portfolio. You should check your portfolio at least once a year — more frequently if the market is particularly volatile or when there are significant changes in your life. You may need to rebalance your portfolio to bring it back in line with your investment goals and risk tolerance.

3. Don't stick your head in the sand. While focusing too much on short-term gains or losses is unwise, so is ignoring your investments. Don't hesitate to get expert help if you need it to decide which investment options are right for you.

The right approach during all kinds of markets is to be realistic. Have a plan, stick with it, and strike a comfortable balance between risk and return.

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.

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Landlord's not your handyman

By Anna Bartolotta

Last time, I wrote on being a good landlord, and let's keep things fair here, it's almost as hard as being a good tenant. At times, it's difficult

for a tenant to understand that just because the tenant pays the landlord monthly, the landlord does not work for the tenant. A lease is an agreement between two



parties, and one party should not have anything on the other.

Expectations for the tenant and/or landlord should be stated at the beginning of the relationship and without surprises thrown in monthly throughout the term of the lease.

A landlord is not your personal handyman to adjust every small thing you aren't happy with in the rental, and if damage is caused by the tenant, please know the cost of the actual repair is on that tenant.

Being a good tenant is not only paying your rent at the agreed upon time, but it also means knowing what the rental owner is and is not responsible for and not calling or texting the rental property owner weekly with possibly anything you came up with that day. I am certainly not saying to ignore needed repairs but I am saying make sure the property owner is not cringing everytime he/she receives a phone call from you.

This is your residence; this is where you reside; the landlord wants you to stay. Make it easy for her/him to want you there just as much as it is the landlord's job to make you want to stay in the house.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's only dedicated, full service, full time rental agency staffed with licensed agents.

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THE PIRATES OF PENZANCE

By Anne Erickson

Ellen Bowen is passionate about Grosse Pointe Theatre's upcoming production of *The Pirates of Penzance*.

"The cast is amazingly talented," says Bowen, music and orchestra director of the show. "There isn't a weak link in the group."

"We're all there for the love of music and theater," she adds. "It's who we are as people. Music is in our souls, and we love sharing that."

Grosse Pointe Theatre's production of *The Pirates of Penzance*, directed and choreographed by Rachel Settlege, opens Sept. 17.

The comedic show chronicles Frederic (David Roberts), who is unleashed from his apprenticeship and is taken in by a wild, fun-filled band of pirates. A few other players include Mabel (Maggie Bickerstaff), The Pirate King (Ron Bernas), Major-General Stanley (Ron Otulakowski) and Ruth (Diane Schoff).

The Pirates of Penzance, of course, is a Gilbert and Sullivan classic.

"The words and melodies are clever, and it's hilariously



Ellen Bowen



Rachel Settlege

tongue-in-cheek," says Bowen, a retired music teacher from Grosse Pointe South High School.

The show's cast boasts great chemistry.


"The way Grosse Pointe Theatre does their rehearsals makes for good bonding," Bowen says. "They do a lot of social things. They bring in ice cream, cake and snacks, but it's still disciplined, and it helps the cast bond nicely."

Bowen, who has been involved with Grosse Pointe Theatre for years, emphasizes the importance of the theater to the surrounding community.

"I live here, it's a wonderful community, and I hope the people know how important Grosse Pointe Theatre is to this community," she says. "This is our 70th year. It's very important

to the people involved that the quality is good."

The Pirates of Penzance runs Sept. 17, 21-24 and 28-30. Performances will take place at University Liggett School Auditorium at 1045 Cook Road in Grosse Pointe Woods. Tickets are \$25 for all shows. Times are 8 p.m. Thursdays, Fridays and Saturdays and 2 p.m. Sundays.

For information and tickets, visit www.gpt.org. 



Photos by Dale Pegg



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CELEBRATE, DECORATE, ENTERTAIN

Event co-chairs Hidee
Neuenschwander and
Fran Solomon at the head
of the "June" table settings

Photos by John McTaggart



By John McTaggart

Every little detail about the Grosse Pointe Shores Improvement Foundation's Celebrate, Decorate, Entertain Fundraising Luncheon is carefully thought out.

Hours of planning and preparation are required to make this year's celebration a success, and event co-chairs, Hidee Neuenschwander and Fran Solomon, are making certain every little nuance is given the proper attention.

"This year's theme is 'Celebrating the 12 Months of the Year,'" Neuenschwander says. "There will be one table setting for each month of the year."

The table settings, each one exquisitely designed, was crafted to reflect the month it represents.

"Everything that people will see on these tables has been shopped for by someone on the committee or maybe one of the chairs, and it has been selected with a lot of thought and care with the theme for each month in mind," Solomon says. "The entire Improvement Foundation helps out in some way."




The event, which takes place from 11 a.m. to 2 p.m. Thursday, Oct. 12 at the Country Club of Detroit, is open to the public. Tickets for the event are \$50 per person and available at the Grosse Pointe Shores Village offices or by calling (313) 881-6565.

The event benefits the Grosse Pointe Shores Improvement Foundation, which enhances the community beyond what taxes may cover. The organization has contributed to a wide array of projects ranging from landscaping, tree planting and street lighting to augmenting

facilities such as Osius Park and Schroeder Field.

Aside from the display of tables, the luncheon also features a silent auction, a raffle and home decor items from Decor & More Boutique.

"It's really a wonderful event," Neuenschwander says. "And it's a very good cause. I encourage everyone to come out and have a good time." 



Exercise to relieve pain

By Dr. Saima A. Khan

This time of year, my patients usually start having more aches and pains, and this gets worse as the weather cools down. Over the counter medications such as ibuprofen and acetaminophen are available, but have side effects that may limit their use on a regular basis in some people.



Fortunately, there are amazingly effective, non-medicine treatments that reduce or even eliminate everyday pain like sore knees and backaches.

The most important and effective treatment is regular exercise. Exercise is a true panacea. I prescribe strength training with cardio/endurance and stretching for arthritis pain, stress, depression, and more. Stronger, more flexible muscles reduce the weight on your joints and ensure they move in the proper, natural, balanced manner. Discuss the possibility of physical therapy with your physician as one way to get to started.

A lot of joint and back pain is caused by being overweight. Your body simply cannot carry an extra 20, 50 or more pounds without damaging your knees and spine. So the second thing I recommend is weight loss.

A less obvious cause of increased pain is smoking.

Some supplements that I have had good luck with: tart cherry juice and fish oil but inform your physician due to possible drug interactions.

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.

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Meet Beth



Back: Beth Vernon, husband Geoff (of Joslyn and Vernon, PC) and son Galen, 17; front: daughter Allison, 11, and son Ethan, 14



Name	Beth Vernon
Age	46
City	Grosse Pointe City
Occupation	Assistant to the Director of The Family Center

Beth's Favorites

Season
Winter

Movie
The Namesake

Music Genre
Alternative Rock

Vacation
The Russian River in Sonoma

Spot in Grosse Pointe
Poolside at Neff Park

Book
The Goldfinch by Donna Tart

Restaurant
The Elk in Spokane, Wash.

Food
The three most perfect foods — pizza, bagels and cream cheese and chocolate croissants

Dessert
Tiramisu, or really anything made with sweets and butter

What is your favorite thing about living in Grosse Pointe?

I love its proximity to Detroit and all it has to offer: awesome music, restaurants, major sporting events. But I also love Grosse Pointe's small town feel, especially the City/Farms Little League Parade. Makes me cry every time.

What are two of your best personality traits?

Sincerity and a ridiculous sense of humor

What is the best trip you've ever taken?

Paris-Bruges-Amsterdam for my 40th birthday

What is the best gift you've ever received?

A bass guitar from my husband who was tired of me saying, "In my next life I'll play the bass."

You win the million dollar lottery. What do you do?

I'd take my family on a worldwide adventure! See the world, you'll never regret it.

What is your greatest accomplishment?

I'm most proud of raising three tremendously kind, individual, interesting, interested, open minded and relatively well-adjusted kids. They are my finest work. Oh, and learning to play the bass.

What is one thing most people don't know about you?

I can open a beer bottle with a tube of lip gloss.

Words to live by?

Don't be a jerk. Be open to new experiences. Strive to feel joy as much as possible.

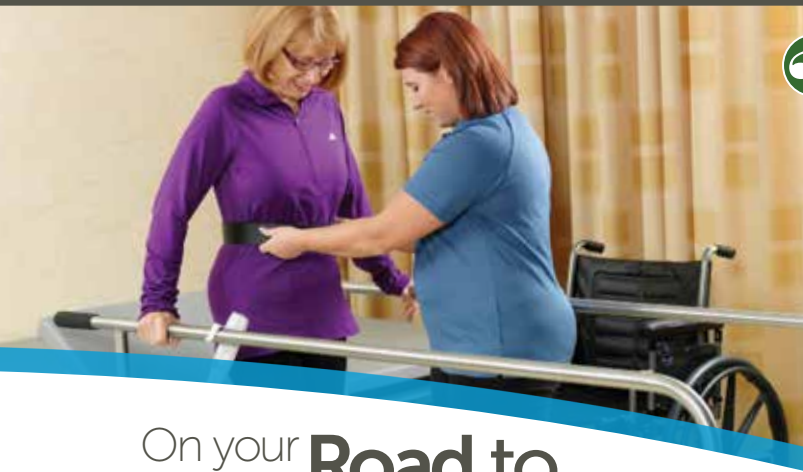
About Beth

"I didn't grow up in Grosse Pointe. In fact, neither my husband nor I are from here, which seems to put us in the minority.

We moved here 14 years ago just as our oldest was turning three and baby number two was on its way. Without knowing a soul in Grosse Pointe, we began the task of making a life for ourselves and our growing family. We joined play groups and clubs, volunteered our time, enrolled our kids in a co-op preschool, managed to find our way here and have developed what I'm sure will prove to be lifelong friendships.

I now work for an organization that strives to enrich the lives in this, my adopted community and it makes me tremendously proud. Grosse Pointe has been darn good to us ... thank you!"

In her free time, Beth enjoys downhill skiing, reading, "Netflixing" and all things music related: listening to it, watching it live and making it.



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- Jennifer

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Festival of Tables

A showcase to remember, the 15th Annual Festival of Tables, “Putting on the Glitz, A Crystal Anniversary,” will take place Saturday, Nov. 11 at Assumption Cultural Center in St. Clair Shores.

The Daughters of Penelope began the Festival of Tables in 2002 to support women’s issues to positively impact the local community. Past president Dori Daskas approached St. John Providence Health System Breast Care Program to partner with the event in 2003, to honor her mother and many other members who had lost loved ones to the disease.

The Breast Care Program provides each guest with educational materials and goodies. Funds raised at Festival of Tables have benefited young women who are unable to afford preventative and diagnostic procedures. Past events have raised a net total of \$90,000.

“We are so pleased to be ‘Putting on the Glitz’ for this year’s 15th Crystal Anniversary celebration of the Festival of Tables!” says co-chair Elena Kerasiotis. “Reaching out to our community and sharing with women, survivors and providers is not only rewarding but inspiring. Looking forward to another fun filled and exciting event.” Other co-chairs are Penny Khorremenia and Maria Malliaris.


The event showcases 35 individually designed dinner tables created by women of the community, area businesses

and groups. Entertainment will be provided by DJ Yorg. Guests may partake in a silent auction, jar auction, 50/50 raffle and holiday boutique. This year’s dinner guests are invited to enjoy an open bar and fashion show, modeled by the Young Survival Coalition of Detroit.

Tickets may be purchased at La Moda Salon, Coldwell Banker Weir Manuel and www.dopfestivaloftables.com.

Table viewings, a holiday boutique, auctions and a coffee bar are open from 1 p.m. to 4 p.m. Tickets for this viewing are \$15, or \$10 during pre-sale.

Dinner tickets, \$70 each, include table viewings from 4:30 p.m. to 6 p.m. with open bar, and dinner and fashion show at 6 p.m.

The Daughters of Penelope, Thamyris Chapter of Grosse Pointe, was founded in 1929 in San Francisco, Calif. The Daughters of Penelope is the women’s affiliate of the AHEPA Family, a 501 (c) 10 national organization with chapters in the United States, Canada, Australia, Greece and Cyprus. Its mission is to promote Hellenism, Education, Philanthropy, Civic Responsibility, Family and Individual Excellence. The group’s name was chosen to honor the virtues of Penelope, the loyal and patient wife of Odysseus, who waited faithfully 20 years for her husband’s return from the Trojan War. 

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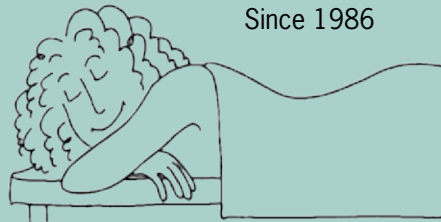
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New school year, new changes at The Grosse Pointe Academy

By Anthony Viola

Tommy Adams, Head of School at The Grosse Pointe Academy, has been busy. He spent his first year at The Academy “getting to know the faculty and parent base,” he says. “Getting a sense of who we are. I spent a lot of time talking to a lot of people.”

He knows communicating with the parents and faculty is key in developing a program to give the students at The Academy the best education.

And now, after countless discussions with the school community, he believes changes in curriculum and school schedule will continue The Academy’s tradition of being the premier school in the area.

The administration, which has seen a few major staff changes, wants to give the students a unique education, something they can’t get at other schools.

“As we looked at the curriculum, there was a sense of becoming the same old, same old,” Adams says. “We did a lot of research to explore which programs would best serve our students. We are moving away from Everyday Math, which many schools use, to a new curriculum which will challenge our students

and differentiate the school.”

The new math system, Singapore Math, gives students a better understanding of foundational mathematics by teaching fewer concepts in greater detail.

“Many other curriculums touch on a wide variety of concepts and reach mastery in few,” Didi DeBoer, the new Assistant Head of School for grades 4 through 8, says. “With the Singapore approach, students will be well prepared to achieve at the highest level possible.”

Students will still meet national math standards, but with a greater understanding of the underlying concepts.

“We believe the depth of what we have to offer here is way more important than the breadth,” Adams says. “We are focused on the essentials, from our strong foundation in our Montessori-based Early School to our continued individualized approach in Lower School and beyond.”

This year, The Academy is also implementing a six-day rotating schedule in addition to a personalized educational roadmap for each student. Working closely with parents,



Tommy Adams



Didi DeBoer

teachers will set goals and provide regular feedback about each child's progress.

"The schedule will allow for much more flexibility," Jennifer Kendall, new Assistant Head of School for lower school education and Director of Curriculum, says. "But, still being able to offer a program that connects to the whole child."




Jennifer Kendall

It will add more class time for core subjects, like math and English, and still be able to offer the special classes that expand the education of the students.

Schools often miss Mondays or Fridays for holidays and breaks, usually leaving students with less class time in one subject. The rotating schedule mitigates the loss by rotating through the schedule. Each day is different.

And each break or holiday lands on a different day in the students' schedule.

Adams believes in the need to constantly reassess what his school is providing the community. The changes this year show the continual self-reflection by the administration.

"We have to challenge the process every year," Adams says. "We have to take a step back every year to make sure we are delivering the best education to our students." 



Photos courtesy of
The Grosse Pointe Academy





YEARS OF HEALING AND TWISTFUL THINKING

By Lauren McGregor

Mina DiMambro is all go. With boundless energy, she discusses the past summer’s weekly jewelry shows and her hopes for the future, including college, business expansion and travel. She’s not the woman she was two years ago.

The 22-year-old has been battling Lyme Disease for 12 years, during which she was diagnosed with PANDAS (Pediatric Autoimmune Neuropsychiatric Disorders Associated With Streptococcal Infections).

“I couldn’t leave the house,” she says. “I had non-stop headaches and flu-like symptoms.”

DiMambro contracted the disease at 10 years old on a beach in Connecticut while visiting relatives. She wasn’t diagnosed until a year later.

“The symptoms started showing up between four and five months after getting the bite,” she says. “I didn’t realize it was a tick bite when I got it.”

She saw several doctors over the course of a few months. All told her that nothing was wrong. Some even insisted that the symptoms were in her head.

She becomes emotional when describing her mother’s support during that difficult time. “From day one, my mom fought for me,” she says. “She pushed so hard when the doctors weren’t helping. She’s the one who asked for me to be tested for Lyme Disease.”

Finally, she was diagnosed by an allergist who requested her past blood work and discovered she’d already tested positive for Lyme Disease. The pediatrician who conducted the original test failed to inform DiMambro of the results.

Her journey became more difficult when the Connecticut-based doctor treating her for Lyme Disease discovered DiMambro had another autoimmune disease — PANDAS.

The straight-A student decided to leave high school at the beginning of her senior year at Grosse Pointe South.

“It became too difficult to keep up,” she says. “I was missing too much school, had major fatigue, could barely walk up the stairs and was dealing with migraines 24/7.”

Treatment for both Lyme Disease and PANDAS included a grueling regimen of antibiotics, supplements and 23 IVIG treatments.

“My progress plateaued. I couldn’t eat,” she says. “I was losing weight and miserable.”

At age 18, depleted and desperate, DiMambro said enough was enough and ended the conventional treatment. That’s when she found an herbalist she refers to as Maggie, also based in Connecticut, who promised that she could heal DiMambro.

“She has changed my life,” DiMambro says. “She sees a lot of patients with Lyme. Using only her protocol changed *everything*.”

The regimen is one of herbs, teas and deep tissue medical massages. Two months into her natural treatment, DiMambro saw incomparable improvement.

“At first, I needed the lymphatic massages weekly,” she says. “Now, only every couple of weeks. Suddenly I had all of this energy. I wanted to do everything.”

But the change scared her.

“I was the sick person,” she explains. “If I happened to be

Nina DiMambro at the Grosse Pointe Park/Detroit border. Her family moved from Detroit to Grosse Pointe City when DiMambro was in elementary school.

Photos by Lauren McGregor



Jewelry photos by Nina DiMambro

healed from this, who would I be? I was so young when I got Lyme. It had become my identity.”

But DiMambro overcame her fear of life without the defining condition and celebrates the woman she is today.

“I’m so close,” she says of beating Lyme. “I have almost no symptoms. My blood tests are coming back great.

“I’m meeting so many new people,” she adds. “And last year, I got my driver’s license.” An enormous feat for someone who once didn’t have the energy to climb stairs, let alone leave the house.

Beyond a driver’s license, DiMambro went on to complete a 14-week GED program in just two.

Today, DiMambro works as a receptionist at Aria Salon on Mack Ave. She’s also owner of Twistful Thinking, a jewelry company she started two years ago.

“I wasn’t working, wasn’t going to school,” she says. “I had to do something. I started off by playing around with jewelry, getting creative, but it has turned into a passion.”

Twistful Thinking includes pieces made with crystals, semi-precious stones and sea glass from the Long Island area. “The sea glass I use is from where we visit family,” she says. “I’ve been collecting it since childhood.”

The bands she uses are made in the U.S. and cruelty-free suede — important to her as a vegetarian.

“It’s a nice product that allows me to be nice to the earth and respect animals.”

She produces all pieces with positive energy, infusing the collection with good intentions. “Everything I create, I create with good intentions.

I want that energy to flow through my work, and I do receive that response,” she says.

Dad, Dean DiMambro, and boyfriend, Frank, help set up the booth and displays at every show. Mom, Julie DiMambro, and younger brother, Joey, provide neverending encouragement.

“My boyfriend and family are so supportive,” she says, noting that her boyfriend pushed her to launch the business.

Pieces range from \$5 to \$50 and include earrings, necklaces, bracelets, anklets and hair pieces. DiMambro loves taking custom work orders. “I was recently involved in a wedding,” she says. “It was an honor.”

“You can truly tell she puts her heart and her positive energy into each individual piece,” says bride Breanna Willis, who married Tyler Alwardt July 29, 2017. “She made me the most beautiful earrings and hair accessory for my wedding. She made me feel so special crafting the custom pieces for me. They were flawless.”

DiMambro also hopes to boost online sales, but prefers face to face business. “I love when people come up to my booth with excitement in their eyes,” she smiles.

This holiday season, Twistful Thinking will be at Parcels Holiday Art and Craft Bazaar on Saturday, Dec. 2. Other shows, yet to be confirmed, will be listed on her Facebook page, www.facebook.com/twistful.thinking/ and her Instagram account, www.instagram.com/twistful.thinking.

Her pieces are currently available at Full Lotus Yoga on Mack Ave. in Grosse Pointe Woods and The Rustic Root on Harper Ave. in St. Clair Shores.

With Lyme Disease nearly a part of her past, DiMambro looks to the future.

“I’m interested in going to college, expanding Twistful Thinking, traveling,” she says. “I don’t know what I’m going to do next.”

And she wouldn’t have it any other way. 



The women at Sprout House in Grosse Pointe Park are big fans of Twistful Thinking. “We love her jewelry,” says employee Rachel Deary.

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Smile Fitness:

Personalized Training for a Lifetime of Dazzling Smiles

By John McTaggart

Three decades ago, Dr. Mary Sue Stonisch opened her dental practice on Mack Ave. in Grosse Pointe Woods. Now, after 30 years, she and her Faircourt Dental facility have become a trusted pillar in the community, and she has become a nationally renowned, award-winning standout in the profession.

“I’m thankful for what she does for my family and our dental health, of course,” says Marquita Bedway, a long-time patient at Faircourt Dental. “But I admire her more for the way she conducts herself. Her practice is exemplary. She sets a very high bar for any professional. I just admire her greatly as a professional and as a woman.”

On Tuesday, July 25, patients, colleagues and members of the community came together at The War Memorial to celebrate the launch of Stonisch’s book, *Smile Fitness: Personalized Training for a Lifetime of Dazzling Smiles*.

Two years ago, while on a skiing trip in France, visiting her son, a mishap on the slopes, one that resulted in a broken wrist, sparked the process.

“I had always wanted to write a book,” Stonisch explains. “I

always found myself writing and pulling things out to explain to patients. Now I have the ability to hand them my book to have them understand how we practice dentistry and the research behind it. So this book is really the culmination of 30 years of knowledge.”

At the launch event, Stonisch explained her journey to the crowd and handed out plaques to those whose stories and talents contributed to the publication of her book. She also thanked the community and others who played a part in her success and the book’s launch. Proceeds from the book will be donated to Grace Community Church and the dental missions to Africa. Stonisch has been a vital part of over the

years.

For more information on Faircourt Dental, or to purchase a copy of the book, visit faircourtdental.com. Stonisch’s book can also be purchased on Amazon in Kindle format. [P](#)



Center, Dr. Stonisch with colleague Dr. Timothy Kosinski during the book launch July 25 at The War Memorial; bottom left, Regina Storm and Joan Bartoszewicz pose for a portrait during the book launch; bottom center, members of the Faircourt Dental staff

Photos by John McTaggart





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Dr. M.S. Stonisch is a general dentist practicing on Mack Avenue in Grosse Pointe Woods at Faircourt Dental. For information or to schedule an appointment call (313) 882-2000 or visit www.faircourtdental.com.

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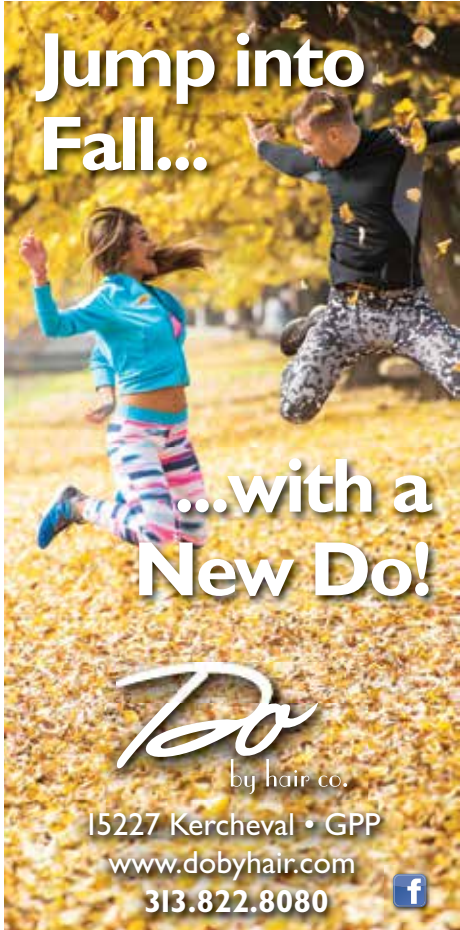
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By Susan Bollinger

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According to Benjamin Movsas, M.D., chair of the Department of Radiation Oncology at the Henry Ford Cancer Institute, “The MRI images are exquisite, allowing us to see the target in real time as we’re treating the patient, as well as all the other normal structures that are moving around it. The MRI is constantly on during treatment, and we can adjust the beam as structures move.”

When treatment is this accurate, healthy structures are protected, leading to fewer side effects and better quality of life. The technology can be used to treat all types of cancers

anywhere in the body, and is especially beneficial for mobile tumors such as liver, pancreas, adrenal gland and lung.

“What patients really love is that after treatment, we can spend a few minutes showing them their own images on the screen. They see their tumor, how it’s moving, and how we are actively tracking it. Their reaction is just, ‘Wow!’ This is about as personal as personalized medicine can get,” says Dr. Movsas.

Henry Ford chose the Cottage location because it offers patient parking just steps away and had the right setup to accommodate the technology.

“Using this first-in-the-world technology is an incredible feeling, and it’s gratifying to share it with other physicians,” says Dr. Movsas. “I see their jaws drop and their eyes open wide at what this means for their patients. It’s inspiring.”

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Indrin Chetty, Ph.D., Benjamin Movsas, M.D., and Paul Jackson watch as new MRI technology “lights up” a tumor at Henry Ford Medical Center – Cottage.

Estate planning basics

By Jon B. Gandelot

I'm frequently asked, "What are the basic documents needed in an estate plan?"

While the answer varies depending on the complexity of the estate, there are certain documents that should be included in every estate plan. They include:



Will and/or Trust A will guarantees a probate at death and has no effect

on disability. A properly-funded living trust avoids probate upon disability or death. In trust-based planning, a will is also used to pick up assets that were not in the trust at the time of death. The will directs that those assets are then poured over to the trust.

Durable Power of Attorney (DPOA) This document appoints an agent to act in financial and other matters if you cannot act for yourself. The DPOA can be as simple as a couple of pages, or complex, depending on the needs.

Healthcare Directive Sometimes called a Patient Advocate, this document addresses at what point you may want life support measures terminated and be allowed to die. The Patient Advocate is authorized to make your wishes known to medical personnel if you are unable to do so.

HIPAA Authorization A federal law, the Health Insurance Portability and Accountability Act of 1996, prohibits health care providers from disclosing a patient's health information to family members and others without the authorization of the patient. It gives authorization to health care providers to speak to family members and others whom you may want to designate.

Jon B. Gandelot is founding principal, GANDELLOT HARTMANN, an estate planning and trust administration firm in Grosse Pointe Farms.

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GROSSE POINTE YACHT CLUB SAILING CENTER



By John McTaggart

The Grosse Pointe Yacht Club added another jewel to the facility with the opening of the club's Sailing Center Sunday, Aug. 6.

The facility, which was two years in the making, is a state-of-the-art center aimed at pushing the club's junior sailing program into a new echelon.


"We're just tickled pink to have this thing ready," says GPYC Board of Directors member and past Commodore Jim Morrow. "This is built as a junior sailing center and is the culmination of two years of work and planning, and \$2 million coming to fruition."

Morrow explains just what the center does for the club, the membership and the community. "There are a couple of things that are different about what we're trying to do here. For years and years these kids all sailed here and these kids would be taken out to the middle of the lake to sail and race," he says. "This center changes all of that. Now, your kid is sailing right here, right along this center. So now, as a parent, you are involved."

Morrow also explains a variety of other uses for the

building. "We see this as a center for all marine sports, too," Morrow says. "And we also see this as a facility for all the high schools. We've built what we believe is a world-class center here, and we want the kids to be able to utilize that, enjoy that and learn."

Professional sailor, Wally Cross, agrees. "This center brings stadium sailing to the club," Cross says. "That's going to attract more kids and their families to the sport, which is great. I mean, anytime you can get close to the action, you can stand on the deck and hear the sailors and feel like you're a part of the action. That's a great thing. That's very exciting. That's fun."

Along with bringing excitement to the spectators, Morrow says the facility is a wise investment in the club's future. "It is a big investment for the club," Morrow says. "But we've needed to make this kind of investment for our future. It's really key for people to come here and see this facility and say, 'I really want to be a part of that.' This center is significant and it's an investment that will pay off in the long run." 



Photos by John McTaggart



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JERRY GREEN

VETERAN SPORTS WRITER

By Pete Waldmeir



Photos by Pete Waldmeir

A small blue and gold banner hangs on the door to Jerry Green's studio apartment in The Rivers on Cook Road. It doesn't proclaim Green's long and distinguished career as a national award-winning journalist, veteran Detroit News sports columnist, prolific author and, remarkably, one of only two sportswriters to have covered all 51 pro football Super Bowls.

Nope. It just identifies the 89-year-old long-time Grosse Pointe Woods resident as a proud U. S. Navy veteran.

Somewhat surprisingly, even the apartment's walls and shelves are not lined with photos and other memorabilia from Green's more than a half-century of covering, and hanging out with, literally hundreds of sports immortals, from Joe Namath and Gordie Howe to Denny McLain, Joe Schmidt and, well, you-name-it.

There is, however, one framed yellowed clipping from a long ago newspaper that occupies a place of honor. It's a tattered group picture of 22 lucky U. S. sailors who survived a German submarine's sinking of the USS San Diego battleship in the Atlantic in 1918.

"There," Green says, pointing to the first row. "That little guy in the center. That's my father. Not many pictures of him. Always been proud of him."

Frank Green survived World War I to raise a family on Long Island, N.Y. Jerry, his only son, went on to graduate from Brown University (where he was a classmate of the late Penn State football coach Joe Paterno) and earn an M.A. from Boston U.



He served three years in the Navy in the 1950s during Korea, first as a gunnery officer aboard the cruiser USS Northampton and later in Japan with the Navy's Far East command. Honorably discharged, Lt. (jg) Green went to work in the New York office of the Associated Press.

That led to his first big break: a transfer to the AP's Ann Arbor outpost, where he could pursue his first love – sports writing.

"Bennie Oosterbaan was the head football coach and Fritz Crisler was the athletic director," Green recalls. "I was in hog heaven."

In time, Green was promoted to the big leagues – first as AP sports editor in Detroit and ultimately to a spot in the Detroit News sports department covering not only Michigan and Michigan State football, but the Red Wings, Tigers and Lions and virtually every major athletic event held over the next four decades.

Proving he could fill truly big shoes (ahem!), he even managed to succeed yours truly as The News sports columnist and as Detroit correspondent for Sports Illustrated.

These days Green splits his time between Grosse Pointe, visiting with his daughter and grandkids in the northern suburbs, and his condo in California's Coachella country. Currently, he's updating an edition on UM football, his eighth book.

Bet if old Seaman Frank Green was alive today the feeling of familial pride would be mutual. ☐

Pete Waldmeir, Jerry Green, Tom Gage and Sandy MacMechan

Photo by John Minnis





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Thirty years of serving Services for Older Citizens

By Deb Miller

For the last 30 years Shirley Snow has worked for Services for Older Citizens (SOC), overseeing the delivery of nearly half-a-million meals to home bound seniors in the Grosse Pointes and Harper Woods.

She started as a volunteer in 1982, delivering meals for about five years prior to taking on the job of overseeing the program. As a volunteer, her route spanned across Detroit and she often delivered meals with one of her children in tow. “The seniors always loved seeing my daughter,” Snow says with a smile.

Shirley, a Grosse Pointe Woods resident, and Gordon, her late husband of 60 years, raised eight children and have 17 grandchildren and three great grandchildren. All eight children have followed Shirley’s example, each partaking in various volunteering and charity work. The daughter that would accompany her on deliveries now delivers Meals on Wheels in Rochester, Mich., often with her two children as helpers!

At 83, Snow admits she does think about retirement, but every time she mentions it to a family member or friend, she is persuaded out of it. She muses that what tempts her most about retirement is her desire to volunteer.

“My church desperately needs more volunteers to help at the soup kitchens, but the schedule conflicts with my work schedule,” Snow explains. She says she would also like to volunteer holding babies at hospitals, to hold social gatherings for the growing number of widows on her block, and to have time to plan and host large family holiday celebrations.

“Shirley is an inspiration to us all in the way she cheerfully does her work and embraces the Meals on Wheels and SOC mission with compassion and creativity,” says SOC executive director Rev. Dr. David D. Dieter. “The many thousands of people that she has helped nourish with food and friendly visits is beyond calculation. The world is a better place because of Shirley’s care.”

In honor of Snow’s incredible service and dedication, the Doris J. and Donald L. Duchene Foundation, of which S. Gary Spicer, Sr. is president, made a donation to provide a special delivery package of food for the weekend to all of the Meals on Wheels recipients in the Grosse Pointes and Harper Woods.


“This care package celebrates both Shirley and her amazing dedication to the community, and the memory of Donald L. Duchene and his late wife, Doris, who spent their lifetime



Top, Deb Miller, Shirley Snow and Rev. Dr. David Dieter; Middle, Snow’s family, from left and back, Julia Babcock, Susanne Babcock, Julia O’Donnell, Liz Nelson, Paul Snow, Laura Coraci, Christine Wujek; front, Shirley Snow, Alexis Coraci and Nicholas Coraci; above, front, Sheri Conway, Marcia Russell, Chris Olson, Mary Kay Ferry, Dr. Zink, Shirley Snow, Mary Kay and Bob Stema, back, Peter Connor, Art Bryant and Larry Jaminet
Photos by John Minnis

dedicated to helping those in need. Don passed away in August of 2015,” Spicer says. “He had been very generous through his foundation with supporting many causes including Meals on Wheels and veteran causes.”

The Meals on Wheels program provides one home delivered meal a day, Monday through Friday. This special care package provides food for the weekend as well.

“We could not think of a more fitting tribute than this to celebrate both Shirley and the Duchenes,” says Deb Miller, assistant executive director of SOC. 



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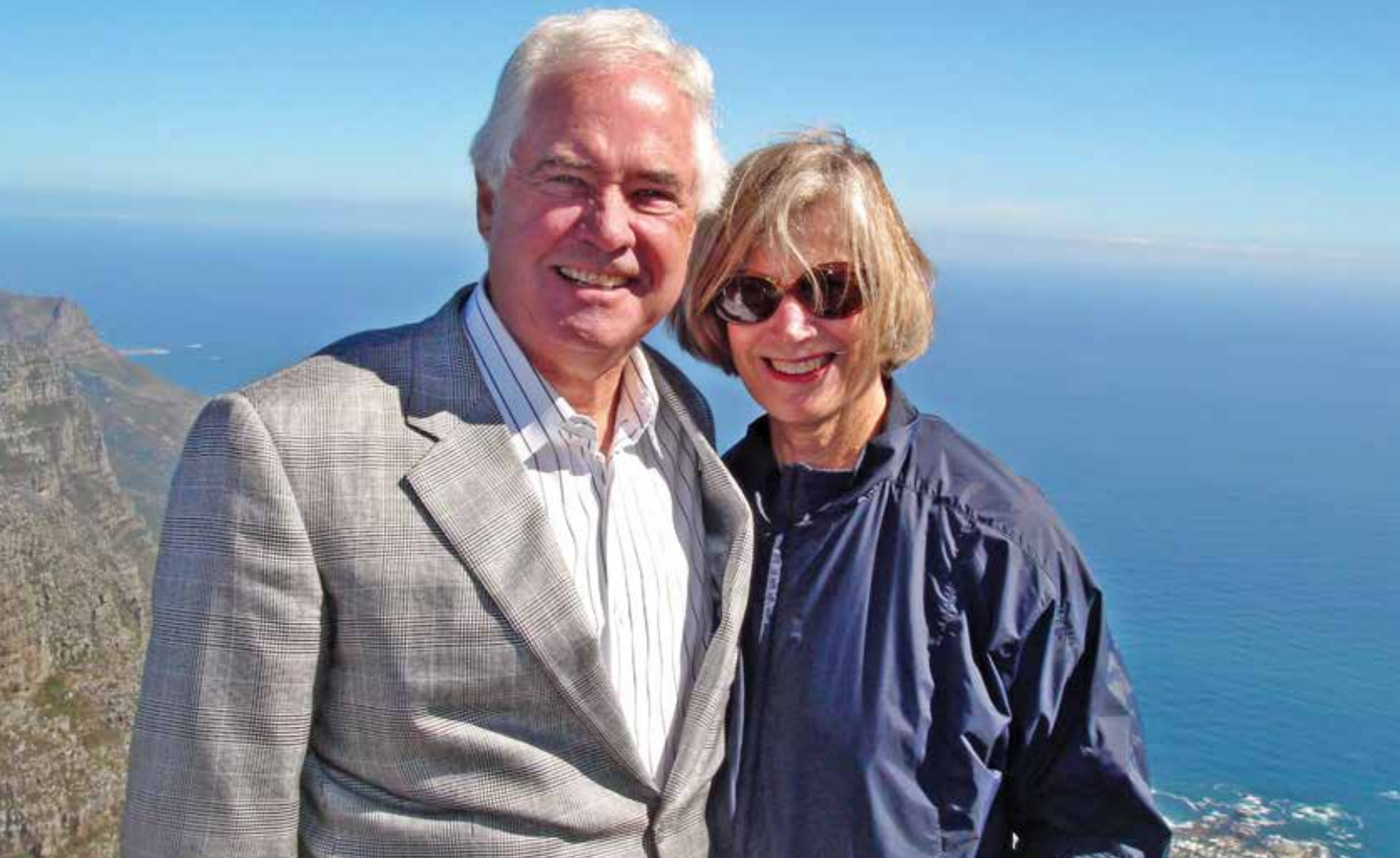
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the Encores

a night of glitz, glam and giving


Black tie and sequins are optional — but encouraged! — for a marvelous evening celebrating the talents, accumulated skills, experience and wisdom of older adults in the community and how they are using them to create a better future for generations to come.

Services for Older Citizens' 21st annual auction gala, "The Encores, A Night of Glitz, Glam and Giving," will take place Thursday, Oct. 12 at The War Memorial. Honorary chairs are Jim and Ann Nicholson.

The night begins with a quick sweep past paparazzi to a fine evening of craft cocktails, sumptuous hors d'oeuvres, gourmet dinner, open bar, raffles and amazing auction items including European trips, a car lease from Crest Automotive, a "Day with the Artist" with Dominic Pangborn, spectacular jewelry and a ride on the J.W. Wescott to deliver mail to the freighters.

The auction is SOC's largest fundraiser and helps to provide:

- 16,900+ hot meals and friendly visits to homebound seniors
- 500+ hours helping navigate the Medicare/Medicaid Program, resulting in over \$280,000 in savings to seniors in the community
- 21,000+ rides to medical appointments, shopping and errands
- 3,000+ hours of health screenings, support groups, technology classes, book clubs, art and foreign language classes trips, exercise, games, community service and so much more

Tickets can be purchased at socservices.org, or by phone at (313) 882-9600. Sponsorship, advertising and auction donation opportunities are still available. For more information, call Deb Miller at (313) 649-2104. 

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Meet Jean



Daughter, Diane, took this photo of Jean when she was being honored at the Grosse Pointe Unitarian Church Women's Alliance luncheon in June for her service as a volunteer in the resale shop.

What was your first job?

Clerk at Henry's variety store at Wayburn and Kercheval

What did you want to be when you were growing up?

A teacher, because of summer vacation

What do you miss about being a kid?

I miss the freedom, the sky at my grandpa's farm, the outdoors there, traipsing through fields and finding wildflowers in the woods.

What is the best trip you've ever taken?

Floating down the San Juan River, following Tony Hillerman's footsteps

What is the most historical day in your lifetime?

Kennedy's assassination, Martin Luther King Jr.'s assassination and 9/11

What accomplishment are you most proud of?

In the 1960s, I was a member of the Grosse Pointe Human Relations Council when it sponsored Dr. Martin Luther King Jr.'s lecture in Grosse Pointe.

Are you a collector of anything?

Family memorabilia

Words to live by?

Be gentle with others and with yourself.

Name	Loretta "Jean" Dupuis
Age	90 (on Sept. 28)
City	Grosse Pointe Woods
Occupation	Retired Detroit Public Schools teacher

Jean's Favorites

Season

Fall

Book

The Secret Garden

Food

Quiche

Musical Artist

Wynton Marsalis

Dessert

My daughter's apple caramel cake

Activity

Dining with friends at The Rivers

Movie

To Kill a Mockingbird

Restaurant

Jumps and Dirty Dog Jazz Cafe

About Jean

"I have loved being a Grosse Pointe resident — the great schools, friendly independent businesses, such as Alexander Pollen and Merit Woods Pharmacy, and the every other Thursday jazz nights at Marge's Bar.

Currently, I am enjoying the independent living at The Rivers while I continue to research and write my family history."

Jean was married to husband Bob for 65 years to the day. She has two daughters, Diane and Denise (deceased) and three grandchildren, Erin, Fiona and Miles.

Her hobbies include gardening, geneological research, birding (she has over 300 birds on her life list) and writing based on family history found in letters, journals and artifacts dating back to the post-Civil War era.

She is or has been a member of G.P. Audubon, G.P. Democrats, G.P. Unitarian Church (57 years) and its Writers Workshop, G.P. War Memorial and Daughters of the American Revolution, among others.

Fun fall activities for seniors

By Jonathan Boos

It may not seem like it now, but summer is quickly coming to an end. The good news is the change of season brings new activities to enjoy — especially for seniors.

If you're an older adult looking to take advantage of the fall, consider participating in the following:

Apple Picking:

People young and old have always enjoyed the fall tradition of apple picking.

Walking through orchards, filling baskets with ripe apples, is both relaxing and satisfying. It can also be done at your own leisure which is a benefit to seniors.

Scenic Drives: September and October in Michigan are the best times to view beautiful foliage. Taking a drive through northern Michigan offers a chance to literally watch the leaves change color before your eyes. Don't forget to stop along the way to collect leaves to take back home....they make fantastic autumn decorations.

Seasonal Foods: Some would argue the best thing about fall is the food. Hot apple cider, spiced pumpkin lattes, warm apple pie and spicy chili are just a few of everyone's fall favorites. Don't forget to invite family and friends over to taste test the final product!

If you're concerned that physical or mental limitations will prevent you from enjoying all that fall has to offer, consider contacting a home care company like Nursing Unlimited, Inc. Our team of compassionate caregivers provide the peace-of-mind needed to tackle any activity.

For more information, please contact Nursing Unlimited, Inc. at (586) 285-0300 or visit our website at www.nursingunlimitedonline.com (Article provided by Jonathan Boos, Director of Business Development for Nursing Unlimited, Inc.)



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For lunch we offer an array of salads, sandwiches, hot entrees and new specials daily. A few of our wonderful dinner menu items include steaks, lamb chops, stuffed salmon and 1/2 roasted duck. We also offer selections from a full bar to compliment your meal. Finally, you won't want to miss enjoying a fine libation and live entertainment every Friday and Saturday evening in our "Piano Lounge" during dining hours, 6-9 p.m. **Book your wedding, rehearsal dinners, baby showers, birthday parties or funeral luncheons with us; prices starting at \$13.95 per person.** Ardmore Park Place — it's more than dining; it's a shopping experience. Explore the new Fun & Fancy Jewelry & Gifts store; find your inner peace at Still Life Yoga; visit the newly remodeled Studio 5 Salon and browse through the Ardmore Wine & Gift Shop. We are located on Little Mack in St. Clair Shores, just north of Frazho Road (10 1/2 Mile).

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Web: www.ardmoreparkplace.com



Blufin Sushi

18584 Mack Avenue, Grosse Pointe Farms • (313) 332-0050

Blufin is located on Mack just south of Moross. We have a great atmosphere in a cozy setting. At Blufin, we offer fresh, healthy foods using only the finest ingredients. We offer a wide variety of sushi, including our signature rolls like the Blufin, Las Vegas and Grosse Pointer made with only the freshest Alaskan King Crab. All our rolls are plated with amazing artistry. Also on our menu are entrees such as Japanese fried chicken, ahi tuna, Mongolian Beef, fried rice and tempura vegetable. Blufin Sushi has so many items to choose from we can't list them all. We also offer salads, soups, sliders, desserts and a kids menu consisting of chicken fingers, grilled chicken, fish tacos, etc. We now have our liquor license serving sake, wine, beer and cocktails. \$250 Reservation fee up to 6 guests. \$ covers food and drink.



Hours: Mon-Wed 11:30am-10pm, Thu-Sat 11:30am-12am, Sun 11:30am-10pm
Happy Hour: Mon-Thurs 2:30pm-5:30pm
Web: WWW.BLUFINSUSHI.COM



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17441 Mack Avenue, Detroit • (313) 885-3995

Bogart's Food and Spirits was established in 2005 and was started by Gary Van Biervliet. Gary's son, Jason, quickly began helping his dad out in the kitchen. Before he knew it, Jason realized that the kitchen of any restaurant is the main vein in the business. He later quit his second job to focus more on the dining experience. Seeing the passion that his son had to change and redevelop the business, Gary made an offer to his son to inquire about buying the restaurant from him. Jason accepted and saved up for a few years, working harder to make a down payment. After finishing culinary school at the Art Institute of Troy, and three years of hard work and savings, Jason's vision of serving up delicious, real, honest food came true. Since the switch, Bogart's has exemplified the eatery experience by mixing Detroit's Eastern Market resources with in-house freshness and skill. From the infamous Bogart's Burger, to the raved about Bread Knots, Bogart's has become a hot spot right at Detroit's Grosse Pointe border. Jason changed the name to Bogart's Food and Spirits after expanding the menu to feature a larger variety of craft beer, wine and liquor. He is set on making the next 10 years even better and making Bogart's a great staple for anyone looking to watch the game, grab a beer with a friend, enjoy a delicious pizza, or for anything in-between. We look forward to serving you soon!



Hours: Tue-Sat noon-midnight; Sun 4-9pm
Web: bogartzfoodandspirits.com



Champs Rotisserie & Seafood

20515 Mack Avenue, Grosse Pointe Woods (3 blks. S. of Vernier) • (313) 886-7755

Champs is located on Mack just three streets south of Vernier. Our soups, sauces and dressings are made daily using only the freshest ingredients from Michigan companies when possible. Champs is known for its Rotisserie Ribs and Chicken, served with our homemade BBQ sauce for which Champs has been known for the past 40 years since it was the BBQ House of Grosse Pointe. We also offer an exquisite variety of seafood, salad entrees, sandwiches, appetizers and a full children's menu. We also offer daily specials that we have become known for. For those warm nights, enjoy our patio with a big screen TV or you may choose to stay inside and snuggle by our beautiful fireplace. With this unique atmosphere, comes a full-service bar to make your dining experience complete. We have a great selection of Michigan-made vodka, gin and bourbon and a wide selection of scotch, from house to high end. Call ahead on those busy days for a carry-out. Our specially designed carry-out boxes will ensure your food gets home fresh and hot. We will cater your next event. Call and speak to one of our catering specialists after 4 p.m. Order off our catering menu or create your own.

Hours: Mon-Thurs 4-10pm, Fri-Sat 4-11pm, Sun 3-10pm

Web: www.ChampsRotisserie.com



City Kitchen

16844 Kercheval, Grosse Pointe • (313) 882-6667

Located in the heart of The Village, City Kitchen prides itself on being a unique neighborhood eatery that serves quality fare in an upscale, yet relaxed and casual setting, as well as carry-out and on- and off-site catering. The restaurant offers fresh seafood from Foley Fish Co., Boston's famous fish house, as well as Great Lakes perch, pickerel and Lake Superior whitefish delivered daily. From the grill, try "Certified Angus Beef" New York strip or tenderloin steaks and some of the best burgers in town. Also enjoy seasonal salads, desserts, appetizers and wood-fired pizza. Join us at our bar for Happy Hour Monday-Friday from 4:30 to 6:30 p.m. and enjoy your favorite cocktail, beer or wine of your choice at our special Happy Hour pricing.

Hours: Lunch: Mon-Fri 11:30am-3:30pm

Dinner: Mon-Thurs 4:30-9:30pm, Fri 4:30-10pm, Sat 5-10pm, Sun 4-9pm



Web: www.city-kitchen.com



Photo by Donald Schulte

Dirty Dog Jazz Cafe

97 Kercheval, Grosse Pointe Farms • (313) 882-5299

Winner of *Hour Detroit Magazine* awards for 2010 Restaurant of the Year and Best Chef 2010 & 2011, the Dirty Dog Jazz Cafe features top guest musicians and award-winning food. Two-time "Best Chef" winner André Neimanis offers an American bistro menu in a well-appointed, 65-seat dining room with white-linen round tables surrounded by red-fabric walls with dark wood, wainscoting, Tudor carriage lights and dog-themed paintings and sculptures. Favorites include Fork and Knife Burger with Foie Gras, Shrimp Paella, Smoked Tomato Soup with Brie Toast and Creekstone Farms Filet Mignon to name a few! Live Jazz Tuesday through Saturday offers patrons a unique and memorable experience (reservations are strongly recommended). Private dining is available for up to 25 people in The Boardroom, which also features full meeting and conference capabilities.  

Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: www.dirtydogjazz.com



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Tuesday:

- **Chicken Pot Pie** with garlic toast
- **Short Ribs of Beef** with mashed potatoes, vegetable and roll.

Wednesday:

- **Beef Stroganoff** served over noodles with garlic toast
- **Sloppy Joe** with potato chips

Thursday:

- **Pork Chop** with mashed potatoes, vegetable and roll
- **Spaghetti**
- **Baked Spaghetti**

Friday:

- **Fish & Chips** — Cod served with fries or mac and cheese, coleslaw and roll. Pan Fried, Deep Fried or Broiled.

Sunday:

- **Eggs Benedict**


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18666 Mack Avenue, Grosse Pointe Farms • (313) 881-5675

Irish Coffee Bar and Grill has been a staple on Mack Avenue in Grosse Pointe Farms for over **37 YEARS**, notable for their fantastic bar burgers (1/3 lb ground rounds) and numerous coffee cocktails. Three high-definition TVs make this neighborhood bar a great place to watch the game. Swing by after the game or any entertainment event in the area, bring your ticket stub and your burger is only \$2.96 with purchase of a beverage! The daily lunch special is the best in town: dine-in between 11 a.m. and 5 p.m. and for \$6.95 have a ground round, fries and your choice of beverage (domestic draft beer or pop). This is also good for a fish sandwich or a grilled chicken sandwich. This family-owned restaurant is a great spot for young and old, and there is something on the menu for everyone. The homemade onion rings are a local favorite, and the fresh and hand-battered yellow-belly perch are particularly popular among seafood lovers. Numerous corned-beef sandwiches top off the menu with a true, Irish flare. The grill is open until 1 a.m., seven days a week! Hope to see you there! 


Hours: Mon-Sat 11am-2am; Sun 5pm-2am

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Little Tony's - Lounge in the Woods

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 40 years for good food and good cheer. Cozy, quaint and warm, it's a throwback to when a business was run by an owner and not a corporation. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (they're delivered daily), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Voted "Best Burger on the East Side" by the Detroit Free Press and Grosse Pointe Patch. The menu, although small, has a lot more to offer. Delicious Reubens, succulent Turkey and Ham sandwiches, Fish and Chips, Tuna Melts to die for, and don't forget Carol's Famous Chili. Our extensive bar is complimented by a great selection of beers, ales and wines. Dine on our beautiful, open-air patio during the summer months. Family friendly, so bring the kids, our great wait staff can't wait to serve you. 

Hours: Mon-Sat 11am-11pm

Web: www.littletonysgp.com



Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine.



Hours: Daily 11am-1am (Kitchen closes at midnight.)
Web: www.luxebarandgrill.com



Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its fourth year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. Of course, the Ropotos brothers are not forgetting what made Mack Avenue Grille more than a diner. They continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here!



Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



Mike's on the Water — ROOFTOP BAR NOW OPEN!

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The 2017 season has arrived!!!! We are back for our 7th season, bigger and better than ever! Our fun and cozy atmosphere makes Mike's a fabulous place to unwind. With '70s era music, great food and drink prices and a very friendly staff, Mike's is a great place for people of all ages. We are family oriented and have a great kids menu. Our menu has everything from burgers and sandwiches to fried fish and daily fresh-catch specials, including boatloads of perch, and great salads. Try our "Lobster Roll" — over 30,000 sold! Food prices range from \$4.25-\$13.95. Mike's Nautical Hour (happy hour) featuring special prices on favorite libations runs from 3-6 p.m. every day. Watch your favorite sports teams at our fun bar. Mike's boasts ample parking, 26 boat wells with docking for up to a 48-foot vessel and a floating dock for personal watercraft. **Come see the big changes — INCLUDING THE ROOFTOP BAR NOW OPEN! — and check out our 14 new menu items!**

Your host, Mike LeFevre



Bar Hours: Mon-Sat 11:30 am-close; Sun noon-close
Kitchen Hours: Mon-Thur 11:30 am-10 pm; Fri-Sat 11:30 am-11 pm; Sun noon-8 pm
Web: www.mikesonthewater.com





View from "The Lookout" Rooftop Bar — NOW OPEN!

Morning Glory Coffee & Pastries

85 Kercheval, Grosse Pointe Farms • (313) 647-0298

It's Grosse Pointe Farms' "go-to" coffee shop and bakery!

Morning Glory Coffee & Pastries boasts everything from torts, cakes and pies from its full-service bakery to delicious soups made fresh each day. A standout for the coffee shop is its liquor license — guests may enjoy specialty coffee drinks like Spanish and Irish coffee, as well as wine by the glass!


Stop in early for that first fresh-brewed "cuppa" coffee with a homemade pastry and return for our signature Morning Glory salad for lunch.  

Hours: Mon-Sat 6am-6pm; Sun 9am-3pm
Web: www.MorningGloryGrossePointe.com



Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Picatta and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. Tuesday is half-off pizza all day, dine in or carry out. Wednesdays feature two signature pasta dishes and a bottle of wine \$38. 

Hours: Mon 4-10pm; Tues-Thurs 11am-10pm; Fri 11am-11pm;
Sat noon-11pm; Sun 3-9pm
Web: www.pepperonigrillescs.com



Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

Monday - Burger Bash (burger and fries) \$5.49. Kids meals 1/2 off 5:30-7:30 pm, different character each week, fun and games!

Tuesday - 1/2 off pizza! \$3 Boombas 10 p.m.-close

Wednesday - All you can eat Perch \$12.99, 4-9 p.m. **Ladies Night featuring a Michael Kors purse raffle!**

Thursday - Fajita Frenzy \$10.99; Rib Rave (1/2 slab with fries) \$10.99

Sunday - Prime Rib \$14.99



All Day, Everyday - Craft Beer of the Month, \$3.50/pint; Domestic Draft Feature, \$2.50/pint; \$3.50 Shot Specials

Hours: Mon-Sat 11am-2am; Sun Noon-2am
Web: www.shoresinn.com



Sierra Station La Cantina — Celebrating 40 Years!

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 40 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.  

COME ON IN AND HELP US CELEBRATE OUR 40TH YEAR!

Hours: Lunch: Thurs-Fri 11:30am-1:30pm

Dinner: Open daily at 5pm


Web: www.sierrastationgpg.com



Photo by Donald Schulte

Telly's Place — Est. 1982

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 30 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Look around and you'll see a couple on a romantic date, sharing an order of our signature spinach dip and chips, a group of friends celebrating a birthday with our specialty martinis, or people sitting at the bar, watching the game on our flat-screen TVs. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution. 

Telly's Specials:

- Monday - \$4 Margaritas
- Tuesday - Bar Bingo 9 p.m.-Midnight
WIN gift cards!
- Wednesday - \$5 Specialty Martinis
- Wednesday-Saturday
Live Entertainment
- Sunday - .50 Wings and \$2.50 Domestic Beers

HAPPY HOUR 7 DAYS A WEEK 3-6 PM: \$1 OFF ALL DRINKS AND \$4.99 SELECT APPETIZERS


Hours: Mon-Sat 11am-Close; Sun Noon-Close

Web: tellysplace.com



Villa Restaurant and Pizzeria

21311 Gratiot Avenue, Eastpointe • (586) 778-1780

Loretta, Tony, and Joe are the third generation of the Palleschi family to operate the Villa. Following in the footsteps of their grandparents, Antonio and Arcangela and parents Orlando and Anna, they maintain the family tradition of authentic, home-style Italian cooking started in 1956. The restaurant has experienced numerous expansions and renovations over the past 61 years, but remains in its original location. One thing that has not changed over the years is their commitment to offering a quality meal in a comfortable setting at a moderate price. Customer favorites include: veal parmigiana, baked spaghetti, lasagna, chicken marsala, ravioli, and of course hand tossed round pizza, cooked in a stone oven. For those who prefer deep-dish pan pizza, Villa's is unrivaled. To complete your meal Villa offers several desserts such as: tiramisu, lemon ice, spumoni and of course handmade cannolis. A fine selection of beer, wine and liquor is also available. If you have never tried Villa, stop by and see why they have been an Eastside favorite for over five decades. The family motto has always been, "Let our family serve your family." 

Located minutes from the Pointes

Hours: Mon-Sat 4-10pm, Sun 2-9:30pm



Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

The Watermark is Fine Dining at its Best — With it's amazing views and classy but casual atmosphere, Watermark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all their food — from salads, to burgers, to vegetable wraps to pasta, to Lobster Mac & Cheese and daily fish specials — all their food is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. Come in check out what everyone is talking about — the Watermark Bar & Grille!



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Hours: Daily 11am-Close

Web: www.watermarkbarandgrille.com



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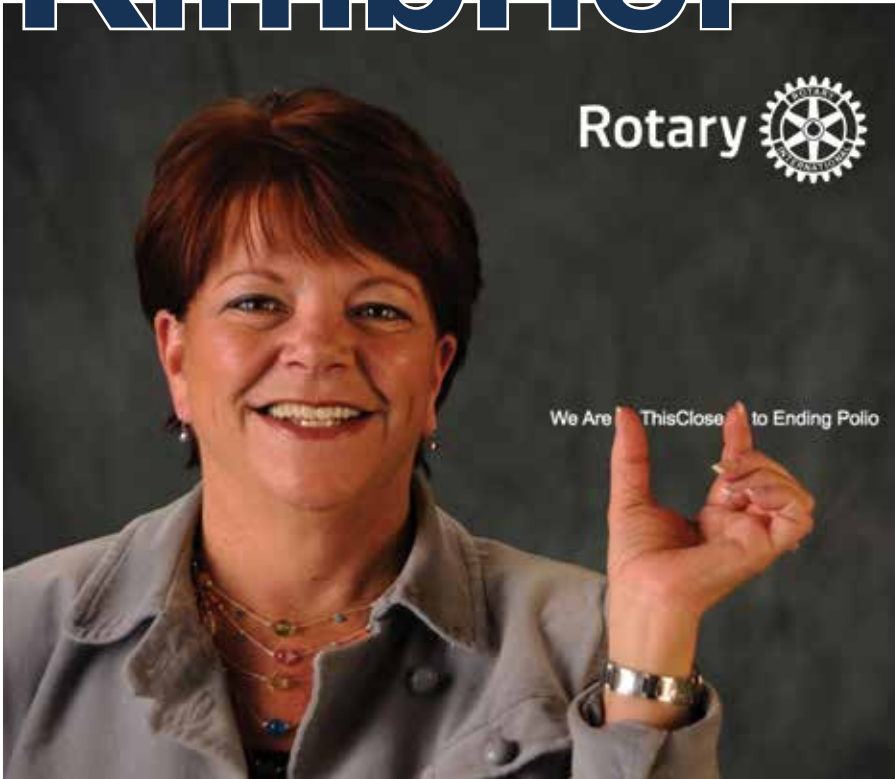
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St. Clair Shores

Meet Kimbriel



Name	Kimbriel Towar
Age	64
City	Grosse Pointe Woods
Occupation	Publisher, the little Blue Book

the little Blue Book

“The little Blue Book has been serving Grosse Pointe since 1948. It has been in our family for 40 years. We are very proud to have stood the test of time.

We hear from people every day who tell us they couldn’t live without the directory. They trust it as a friend and that’s just what we strive to be to the community — friends assisting friends.

I adore my staff and we have great fun. In July and August, we typically take Fridays off. Being a small business, we don’t have a great deal of resources, but we do have time.”

For more information about the little Blue Book, visit bluebooklocal.com or call (313) 882-0702. It is located at 19803 Mack Ave., Grosse Pointe Woods.

What was your first job?

Dairy Queen

Why did you want to become a publisher?

It was not in my master plan. Sometimes fate just steps in. I started working with my dad when he had a medical challenge and fell in love with the little Blue Book.

If you weren’t a publisher, what would you be?

I would own a horse rescue ranch and create a camp for children with special needs.

What is your favorite thing to do outside of work?

To spend time with my hubby and our Lab, cruising the canals on our little pontoon boat.

What is your next goal?

To continue to find new ways to support our community

What is the best advice you have received?

Always look up, not down — look in, not out.

What is the most memorable feedback you’ve received?

That the little Blue Book is the best resource for St. Clair Shores and Grosse Pointe. Several people have told us that it’s their ‘local Bible.’

Tell us something about you that most people don’t know.

Family lore has it that my great grandfather was responsible for naming the city Novi. It was the No.VI stop on the family business (the Towar Creamery) route.

Words to live by?

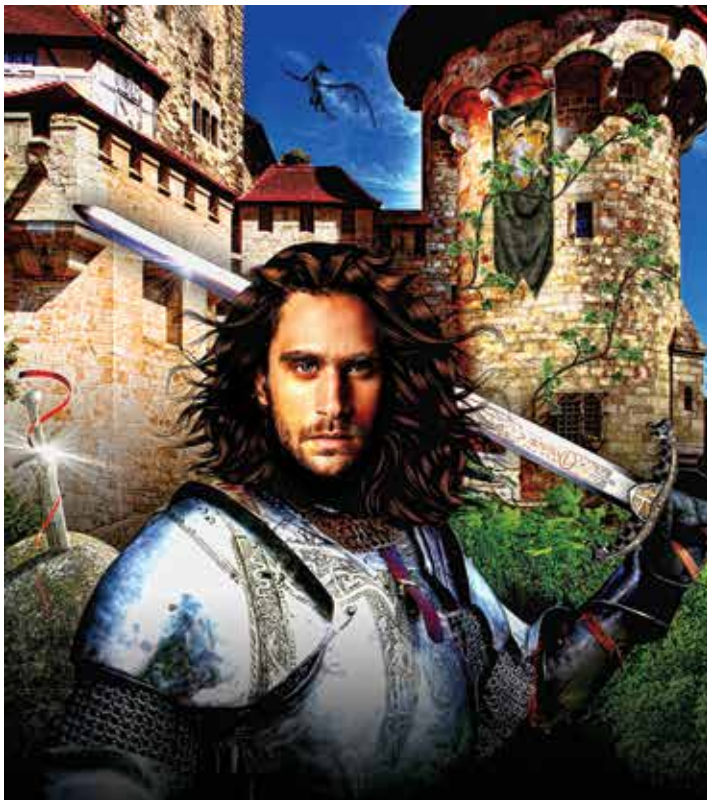
Always be kind and respectful. Remember that everyone is dealing with something in their lives.

About Kimbriel

“I am a native Grosse Pointer, and spent most of my 20s and 30s traveling the country before settling back into our amazing community.

Once I returned, I married my best friend (Dave Colton), who I originally married when I was five years old. Together, we have four children (JR, Brandi, Allyson and Soni) and seven grandchildren, two crazy cats and a lovable Lab. We share a love of boating, traveling and Rotary.”

Kim has been a member of Rotary of Grosse Pointe for 25 years and served as club president and district governor.



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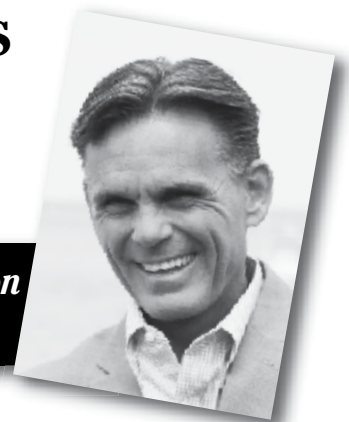
24th ANNIVERSARY Senior Expo 2017

Especially for older adults and caregivers living in East Side communities
 Thursday, October 5, 8:30 a.m. – 1:30 p.m.
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Rev. Faith Fowler *Speaking at 9:00 a.m.*
Executive Director, Cass Community Social Services



Mark Hackel *Speaking at 12:00 noon*
Macomb County Executive

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 - Ask The Experts

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 Senior Expo 2017 is a community service of the Senior Expo Committee and
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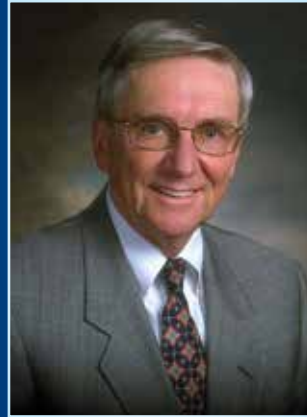
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Grosse Pointe News

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Laughs for The Lake House April 27 @ Assumption Cultural Center

Photos by Colin Hathaway



Madeline Bialecki, Kathy Ryan, Shawn Townsend and Sheila Loveley



(Front) Rose Tokatlian, Pam Stanley, Mary Huebner, (Back) Jerry Sznykowski, Jeff and Ann Mueller



Dr. William Stefani, Dr. Dharti Sheth, Dr. Vaishali Pansare and Bernadine Sherwood



Ann Ottenhoff, Anna Tate and Janet Barr



Tom Peck, Nancy Hison and Michelle Peck



Julie Morang, Joyce Han-Voth and Sandy Geldhof

GPFFE* Annual Spring Gala May 6 @ Grosse Pointe Club

Photos by Christine M.J. Hathaway

*Grosse Pointe Foundation for Public Education



Christie Scoggin and Bob Bury (back) and Kate Ozar, Dominic Malouf, Olivia Snead and Jet Miller



Judy Gafa, Beth Moran, Gary Niehaus, Paige Vanderhyden and Tish Roeske



Jason Tinsley, Scott Houghton and Neal Gram



John Danaher and Sandy and Bob Riney



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Action Auction May 16 @ The Grosse Pointe Academy

Photos by Dana Kaiser



Ellsworth and Rebecca Miller and Stacey and Sean Haas



Lucretia and David Cracchiolo



Michelle and Ron Senakiewich and Mack Hendricks



Nada and Fouad Azoury



Joe and Jenny Parke



Kristine Shalla and Megan Stooke

Red, White & Blue Gala May 25 @ The War Memorial

Photos by Colin Hathaway



Lt. Col. Brian Mulhivill, Lt. Col. Michaela Coughlin and OSCS Joel Ware



Kyle Reinhard, Jennifer Zaliwski and Rebecca White



Col. Joseph Gabelsberger, Raymond Mavarak and Brig. Gen. Mike and Elisabeth Stone



Joe and Hillary Schmitt and Tim and Stephanie Nicholson



Roger and Vicky Burrows, Steven Kozera and Krista and Chet Gryczan



Adam Weems, Christine Holm, Dan Eschenburg and Patrick Jakeway



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Loyola H.S. Tigers Tailgate June 2 @ Detroit Athletic Club

Photos by Christine M.J. Hathaway



Loyola High School students



Dave and Henry Sommerfield with Paws



Jamie and Sherrie Loftis and Sean Aubrey



Marty West and Linda and Ronald Watters



Dennis Morey, Bill and Lochlin McGrail, Daniel Ackles, Angela Sanders and Ben Pogodzinski



Brian Hayes, Paws, Corey Easterling and Korey Jackson

Cruise for a Cause* June 8 @ Aboard The Infinity

Photos by Colin Hathaway

*Rotary of Grosse Pointe fundraiser



Kim Towar and Diane and Dr. Ron Strickler



Pam Stanton, Lisa Gandelot, Mona Gualtieri and Pat Cosgrove McMillan



Marcia Everingham, Kay Agney and Carrie Maliszewski



Paula Smolenski, Saara Seppalainen and Don Smolenski



Phil and Cynthia Menna



Jon Gandelot, Drs. Bill and Ginnie Rice and John Mozena

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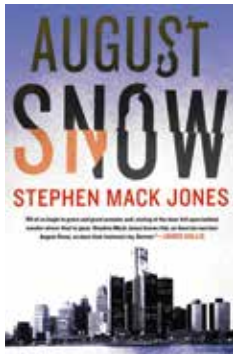
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fall into a good book

By Peggy Kitchel, Assistant Director of the Grosse Pointe Public Library

Fall is a magic time. It conjures up memories of the first day of school, visits to the cider mill, cool crisp sunny days and gently rustling leaves. It brings schedule changes, new routines and a

hum of activity. When you need a break, visit Grosse Pointe Public Library and pick up a book. Some of the following titles even have a Grosse Pointe connection. I hope you enjoy them!

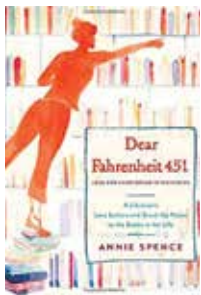


August Snow by Stephen Mack Jones

Former Detroit detective, August, is summoned to the Grosse Pointe Estates home of business magnate Eleanore Paget. She wants him to investigate the unusual happenings at her private bank. A day later, she is dead. When August begins an inquiry into Eleanore’s “suicide,” it leads him into the world of Detroit’s most dangerous criminals. From Grosse Pointe to the

factory districts of Detroit, *August Snow* is a “fast-paced tale

of murder, greed, sex, economic cyber-terrorism, and urban decay.” *Stephen Mack Jones will speak at GPPL Oct. 18.*



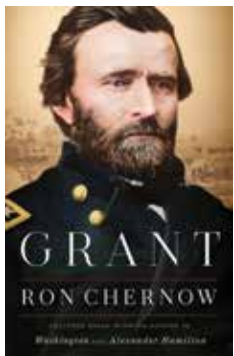
Dear Fahrenheit 451: Love and Heartbreak in the Stacks by Annie Spence

Grosse Pointe’s own Annie Spence has a decade of experience as a Midwestern librarian, culling books from collections. She does this not only at the library

but also at home, for her neighbors, at cocktail parties—

everywhere. This is a Gen-X librarian’s funny, deeply moving collection of love letters and break-up notes to the books in her life.

Listen to Annie Spence’s talk and get your book signed on Dec. 7.



Grant by Ron Chernow

Ulysses S. Grant is often caricatured as a chronic loser, or as the triumphant Union general of the Civil War. Chernow is the first to provide a complete understanding of the

general and president whose fortunes rose and fell with dizzying speed and frequency. More importantly, he sought freedom and justice for black Americans, working to crush the Ku Klux Klan and earning the admiration of Frederick

Douglass, who called him “the vigilant, firm, impartial, and wise protector of my race.”



The Leisure Seeker by Michael Zadoorian

John and Ella, now in their eighties, are yearning for one last adventure. Even though they are not in perfect health, they are determined to sneak away for vacation. They hit the road in a ‘78 Leisure Seeker RV, traveling along the forgotten roads of Route 66 toward Disneyland in search of their past. *The Leisure Seeker* will be a

feature film starring Helen Mirren and Donald Sutherland.

GPPL will host Michael Zadoorian. Details to be announced.

The Marsh King’s Daughter by Karen Dionne

At last, Helena has the life she has always wanted. But she has a secret. Her mother was kidnapped as a teenager by her father and kept in a remote cabin in the marshlands of Michigan’s Upper Peninsula. More than twenty years later, her father escapes from prison and only one person will be able to find him: his daughter. Mesmerizing and spine-tingling!

See Karen Dionne at GPPL’s Authors-to-the-Pointe Oct. 14.



Detroit 1967 edited by Joel Stone

While not a “book” to fall into, this documentary is a must-see. In the summer of 1967, Detroit experienced one of the worst racially charged civil disturbances in U.S. history. After years of frustration, thousands of African Americans took to the streets. Fifty years later, native Detroiters cite this event as pivotal in the city’s history, yet few completely understand what happened, why, or how it continues to affect the city today.

For an intimate look at these troubling times, watch Metro Detroiters’ home movie footage in “12th and Clairmount,” at The War Memorial, Sept. 19.

For more information on GPPL events, visit www.gp.lib.mi.us.

Discover the Grosse Pointes...where Community blends the generations.



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pets

Molly welcomes your hi-res Pointe Pets pictures at 18530 Mack #106, Grosse Pointe Farms, MI 48236 or e-mail Lauren@grossepointemagazine.com.



Gracie & Swayze

Gracie, a 7-year-old Pomeranian mix, and 5-year-old Swayze, the cutest Papillion in the world, are loved by Jenna and Jane Cassisi of Grosse Pointe Farms. “Never a dull moment in our house!”



Chloee

Chloee, a 4-lb. 5-year-old Maltese, is Marianne Ruffini’s shadow! “I walk her every night in The Village so everybody knows her, The Village mascot. Chloee is a delight to own!”



Devon

Devon was discovered on Jan. 26, 2016, when now-owner Philip Reich was restoring a home in Detroit.

His workers were feeding the sad dog lunch scraps and told Reich that the dog had been living in an abandoned house across the street.

After a quick trip to Nino’s Market, Reich fed the stray, who nudged the kind man’s hand and licked his palm. “I was hooked!” he says.

During an immediate visit to Harper Woods Veterinary Hospital, Dr. Balaj discovered a coat dangerously laden with cockleburrs, an ill-fitting collar, no tags, no micro-chip and advanced stages of heartworm.

The heartworm has been successfully treated and she is now at a healthy weight of 107 lbs.

“From day one, until now, this gentle soul has been a loved and respected member of our family,” says Reich.



Pugsley

GPAAS — Pugsley is an adoptable male 9-year-old Chinese Pug. To inquire, call (313) 884-1551.



Edamame

GPAAS — Edamame is an adoptable 9-week-old female shorthair Tabby. To inquire, call (313) 884-1551.

Have we seen your cat lately?

By Dr. Nancy Pillsbury

Did you know cats need regular veterinary care, even if they are young or indoor-only cats? Unlike dogs, our feline companions are masters at hiding illness, so you may not notice signs of a health problem until it has reached an advanced stage. Common feline diseases are diabetes, asthma, kidney, thyroid, and dental disease, among others.



Prevention is key to keeping your cat healthy: a thorough physical examination by your veterinarian can detect early disease and help prevent serious complications later. We recommend at least yearly check-ups, and more often for seniors or cats with medical or behavioral issues.

Many cat owners are hesitant to bring their cat in due to stress for both themselves and their cat. While transporting in a carrier is recommended, many cats get a glimpse of the carrier and run for the hills! A remedy for this may be to set the carrier out in the house a week or so beforehand, letting your cat get used to it slowly. It can help to line it with a soft fluffy towel, treats or a favorite person's clothes. Many of our cat owners leave the carrier out year-round: the cat then sees it as their "safe place," making travel much less stressful.

Your veterinarian can recommend what is best for your cat and discuss the most appropriate preventive care. For more helpful tips on taking your cat to the veterinarian, visit HaveWeSeenYourCatLately.com.

Dr. Nancy Pillsbury is a veterinarian at Harper Woods Veterinarian Hospital.

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September

Calendar

12 TUESDAY

- Ford House Grounds Tour, Jensen's Masterpiece, \$10 per non-member, \$8 per member, tickets at fordhouse.org, 6 p.m.

13 WEDNESDAY

- Twelfth Annual St. John Medical Staff/Guild Golf Outing at Lochmoor Club, includes lunch, dinner, live auction and raffle, for additional information and reservations, contact the Guild at (313) 343-3674 or www.stjohnsguild.org
- The Family Center presents "Mental Health First Aid Training: For Adults Working/Interacting with Youth" at Grosse Pointe Memorial Church, free, RSVP at (313) 477-1374 or familycenterweb.org, 5:30-9:30 p.m.

14 THURSDAY

- GPPL presents Seed Saving Workshop with Ben Cohen at Ewald Branch, register at www.gp.lib.mi.us/, 6 p.m.

15 FRIDAY

- Cards for Kids fundraiser for Kids on the Go at Lochmoor Club, Texas Hold 'Em Poker Tournament, Euchre Tournament, prizes and silent auction, dinner and cash bar, \$75 for tournament and dinner or \$50 for dinner only, casual attire (no denim), visit kidsonthegocamp.com for more information, 6:30 p.m.
- Blues in the Stacks presented by Grosse Pointe Library Foundation, featuring The Paul Carey Group at Central Library, supports Library programming and includes food catered by Village Food Market and an open bar, 7 p.m.

16 SATURDAY

- Grosse Pointe Run by Grosse Pointe Sunrise Rotary Foundation, visit grossepointerun.com to register, \$15 per person for 1-mile fun run, \$30 for other events, 1-mile fun run at 8:30 a.m., 5K walk/run and 10K run at 9 a.m.

- Ford House Behind the Scenes Tours, tickets must be purchased in advance at fordhouse.org, through Nov. 19, Saturdays at 11 a.m., Sundays at 1 p.m.
- VillageFest on Kercheval between St. Clair and Notre Dame, benefitting HolyCross Children's Services, with a kids' area, Grosse Pointe Animal Adoption Society, Pewabic Pottery, Eastern Market Stand, live entertainment, food, raffle drawing, 12-10 p.m.
- Grosse Pointe Woods Fall Fest on the City Hall lawn, featuring Paul Carey's Rhythm & Blues Krewe, food, beer and wine tent, face painting and animal show, 5-9 p.m.
- Cook Schoolhouse open, 5-7 p.m.

17 SUNDAY

- Grosse Pointe Theatre presents "The Pirates of Penzance" at University Liggett School Auditorium, also Sept. 21-24 and 28-30, visit gpt.org for tickets

19 TUESDAY

- Grosse Pointe Public Library presents "12th and Clairmount" at The War Memorial, followed by a panel discussion and Q&A session, cash bar, free and open to the public, pre-registration is required at warmemorial.org, doors open at 6:30 p.m., film at 7 p.m.

20 WEDNESDAY

- The Family Center presents "Mental Health First Aid Training: For Adults Working/Interacting with Youth" at Grosse Pointe Memorial Church, free, RSVP at (313) 477-1374 of familycenterweb.org, 5:30-9:30 p.m.

21 THURSDAY

- Greening Your Garden

at Ford House with staff horticulturalist, Joe Cieslinski, register online in advance at fordhouse.org, \$10 per non-member, \$8 per member, 6-8 p.m.

- GPPL presents "Preserving the Harvest," fast and easy ways to store an abundance of tomatoes, peppers, garlic, greens, and culinary herbs for winter, at Ewald Branch, register at www.gp.lib.mi.us/, 6 p.m.

22 FRIDAY

- The Grosse Pointe Chamber of Commerce's annual Grosse Pointe North/South Tailgate on South Lawn, 5-7 p.m.

23 SATURDAY

- The Athletic Booster Club of Grosse Pointe South hosts Run the Pointe at Grosse Pointe South, 9 a.m.
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.

24 SUNDAY

- Fourth Annual Run for a Reason 5K Run/Walk and a 1-Mile Fun Walk at Grosse Pointe Yacht Club, for information and registration, visit stjohnsguild.org, registration at 7:30 a.m., shotgun start at 8:30 a.m.
- Concours d'Elegance at Pier Park, 12 p.m.

SAVE THE DATE!

ST. AMBROSE OYSTERFEST ON KERCHEVAL AVE.

SEPTEMBER 25

Photos by Sean Doerr

October

Calendar

25 MONDAY

- St. Ambrose's Annual Oysterfest, featuring signature dishes and local drinks, 5-9 p.m.

26 TUESDAY

- Grosse Pointe South Tri-M Concert at South Auditorium, 7-9 p.m.

27 WEDNESDAY

- The Family Center presents "Suicide: The Silent Epidemic. What Do We Know? What Can We Do?" in The War Memorial Ballroom, free, RSVP at (313) 477-1374 or familycenterweb.org, 6:30 p.m.

28 THURSDAY

- Grosse Pointe North presents "12 Angry Jurors" at North PAC, through Sept. 30, 7 p.m.

29 FRIDAY

- WCCCD presents "Tuesdays with Morrie," a play by Jeffrey Hatcher and Mitch Albom, tickets available at (734) 374-3200 or www.brownpapertickets.com/event/3025093, at the Heinz C. Prechter Educational & Performing Arts Center, 8 p.m.

04 WEDNESDAY

- The Family Center's Play Central at Barnes Early Childhood Center Gym, a place for parents, grandparents and all caregivers to play with their children while socializing with other families in an indoor play setting, follows the Grosse Pointe Public School District calendar, holidays and snow days, get a free visit coupon at familycenterweb.org, \$5 per family, every Wednesday and Thursday, Oct. 4-May 31

05 THURSDAY

- Senior Expo at Assumption Cultural

Center, 8:30 a.m. - 1:30 p.m.

07 SATURDAY

- Ford House Behind the Scenes Tours, tickets must be purchased in advance at fordhouse.org, through Nov. 19, Saturdays at 11 a.m., Sundays at 1 p.m.
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.
- Farms' Autumn Harvest Festival at Pier Park, 12:30 p.m.

10 TUESDAY

- The Family Center presents "Meet & Greet for Professionals" at The War Memorial, free, RSVP at (313) 477-1374 or familycenterweb.org, 9:30 a.m. - 12 p.m.
- Ford House Grounds Tour, Jensen's Masterpiece, \$10 per non-member, \$8 per member, tickets at fordhouse.org, 5:30 p.m.

12 THURSDAY

- Services for Older Citizens' Annual Auction Gala, "The Encores," at The War Memorial, tickets and information at socservices.org or (313) 882-9600
- Grosse Pointe Shores Improvement Foundation's Celebrate, Decorate, Entertain Fundraising Luncheon at Country Club of Detroit, \$50 per person, tickets available at the Grosse Pointe Shores Village offices or by calling (313) 881-6565, fundraiser is 11 a.m. - 2 p.m.

14 SATURDAY

- Cook Schoolhouse open, 12-2 p.m.
- Grosse Pointe Historical Society and Provencal-Weir Open House, 1-4 p.m.
- Grosse Pointe North Vocal Fall Concert at North PAC, 7-9 p.m.

19 THURSDAY

- The Family Center presents "Aging Parents? Strategies to Remain Conflict-Free" at SOC, free, RSVP at (313) 477-

1374 or familycenterweb.org, 7 p.m.

20 FRIDAY

- Hob Nobbin' with Goblins at Lake Front Park, hayrides, pumpkin painting, cider, donuts, tricks and treats, \$5 per resident, \$6 per non-resident, reservations at the Community Center or www.recweb.gpwmi.us, 6-8 p.m.
- Grosse Pointe South Choirs "Fall Follies" at North PAC, 7-9:30 p.m.

21 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.
- Grosse Pointe South Choirs "Fall Follies" at North PAC, 7-9:30 p.m.

25 WEDNESDAY

- "Forgotten Harvest Farms to Hungry Tables: Feeding the Hungry in Southeastern Michigan" Women's Harvest Breakfast at the Detroit Athletic Club, \$125 per person, \$100 for guests 35 and under; Women's Harvest Dinner at Grosse Pointe Yacht Club, \$150 per person, \$125 for guests 35 and under, tickets available from Sept. 25 at forgottenharvest.org, breakfast fundraiser at 7 a.m. and dinner at 6 p.m.

26 THURSDAY

- Full Circle Foundation's An Evening Under the Stars at The Roostertail, dinner, dancing, live music, \$175 per person, tickets at Full Circle Foundation, 17006 Mack Ave., fullcircledfn.org or by calling (313) 469-6666, 6:30-10:30 p.m.

28 SATURDAY

- Halloween in the Park at Windmill Pointe Park, 3-4:30 p.m.

31 TUESDAY - Halloween

COOKING with CHEF ETHAN STEINER

Brisket Quesadilla



Many people thought I was crazy when I told them I accepted a sous chef position at the Island House on Mackinac Island for six months. They asked how I would survive without my family and friends, my truck and my dog. I'll tell you how!

First, I was fortunate to get an apartment on Main Street, a five-minute bike ride to work.

I had been visiting Mackinac since I was very young and I thought I knew the island. I soon discovered I didn't know the island much at all! In late April, when I arrived, it was cold and rainy and there was not a lot to do. But I would look out my window and watch Main Street come to life. In the blink of an eye it was the Fourth of July and my family was up to visit!

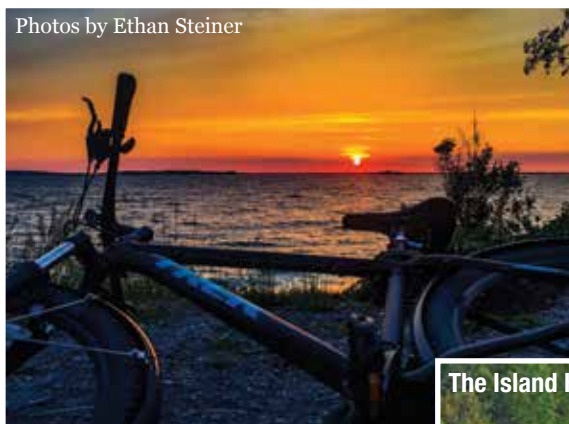
Working at the Island House has been a great learning experience. I would like to thank the Callewaert family for inviting me to be a part of the Island House Family for the summer. Chef Phil was an awesome executive chef to work under. I never felt like I was at work. Don't get me wrong, we worked really hard, but the atmosphere and camaraderie in the kitchen was so much fun. I became friends with Ricardo, Barrington and Owen from Jamaica

and learned about their culture. The Jamaicans always seem to be in a good mood. Coming to work with them every day was special. I mean, who could not smile alongside these guys with their

island? Just past Mile 6, on the water side of the island. There are two trees where I tie my hammock and enjoy watching out over Lake Huron to wind down. It's absolutely gorgeous.

My recipe this month is Brisket Quesadilla. It's an easy dish that can be prepared in advance and is a big hit for tailgating. We served many all summer long! The nice thing is that you can make them with a brisket, chicken or just cheese. It is a great way to take a little bit of the summer into autumn! I sure hope winter goes by fast. I plan on going back to the Island House on Mackinac Island next spring! [P](#)

Photos by Ethan Steiner



The Island House



infectious laugh?

My favorite dish that I prepared at the Island House was the chorizo stuffed lobster. It was delicious! Aside from not having to drive a car, I think the best part was the beauty of the island. There is not a bad place to watch a storm come in, a rainbow appear, or the freighters glide through the Straits of Mackinac. My favorite spot on the

Brisket Quesadilla makes 4 quesadillas

Brisket

Ingredients

- 1** beef brisket (3 lbs)
- 1** tsp chili powder

- 2** cloves garlic, minced
- 2** cups beef stock
- Salt and pepper to taste

Directions (may be prepared day before)

1. Preheat oven to 325 degrees. Season meat with salt, pepper, chili powder and two cloves garlic. Place in a pot
2. Pour beef stock over brisket and cover
3. Bake in oven 2 to 2½ hours, until tender, turning meat over halfway through cooking
4. Chill meat in juices



Far left, Jamaican chefs Ricardo, Barrington and Owen with Chef Ethan Steiner; left, the view from Steiner's hammock just past Mile 6; below, brisket quesadillas



- When ready to use, skim off congealed fat, and slice or chop meat across the grain

Quesadillas

Ingredients

- 8** 7-8 inch flour tortillas
- Cooked beef brisket, sliced or chopped
- 4 cups** shredded Pepper Jack cheese
- 1 can** black beans (drained, rinsed)
- 1 cup** roasted corn
- 2 bunches** scallions, sliced
- 1** jalapeno, diced
- 1** large tomato, diced
- ½ cup** cilantro, minced

Directions

- Assemble tortilla in the following order: tortilla, Pepper Jack cheese, brisket, beans, corn, cilantro and more Pepper Jack cheese. Place a tortilla on top
- Briefly preheat a medium non-stick skillet, coated with a quick spray of cooking oil
- Lay tortilla into skillet over medium heat. Press lightly to help the cheese melt and hold everything together, until bottom is golden brown and crispy
- Spray top tortilla with vegetable spray and turn quesadilla with a spatula. Continue grilling until second side is also brown and



- crispy
- Transfer to cutting board and cut into four wedges. Sprinkle with cilantro, scallions, tomatoes and jalapenos
- Garnish with sour cream, salsa and guacamole

Chef Ethan Steiner, a 2008 graduate of De La Salle Collegiate High School, graduated from Le Cordon Bleu College of Culinary Arts with an Associates of Occupational

Studies Degree in Culinary Arts and a Bachelor of Arts Degree in Culinary Management in Las Vegas.

After working the Las Vegas hotel circuit, Steiner returned to Michigan. He has worked with, and for, Chef Jose Andres, Chef John Hilton, Chef Rick Moonen, Chef Gordon Ramsay and Chef Wolfgang Puck. Today, Steiner is Sous Chef at Island House on Mackinac Island.

Follow him on twitter@Chef_Ethan.

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